

LOCATING INFORMATION ON DEVELOPMENTAL DISABILITIES USING NLM RESOURCES

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AGENDA

- Who we are
- Basics about developmental disabilities
- Evaluating websites
- NLM, NIH, and other resources
- Concerns and issues
- Interaction and language
- Library programs and services

WHO ARE WE?

NIH

NLM

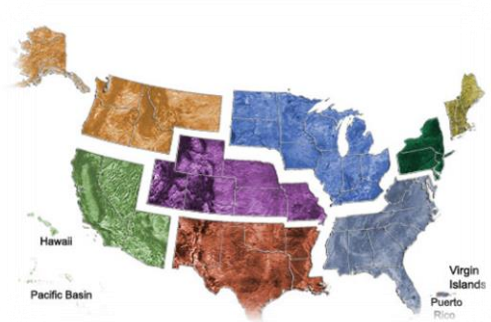
NN/LM

What's the difference?





National Network of
Libraries of Medicine



Home

About PNR

Member Services

Provide Outreach

Resource Sharing & Document Delivery

Funding

Training & Educational Opportunities

NN/LM

NATIONAL NETWORK OF
Libraries of Medicine

Pacific Northwest Region

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Search

News & Announcements

- » [Dragonfly](#) (PNR blog)
- » [Bringing Health Information to the Community](#) (BHIC blog)
- » [PNR Rendezvous](#) Join our free monthly webcast series on **September 16**.
- » [PNR Partners](#) Join our webinar series showcasing the work of our funding recipients **November 12**.
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Quick Links

- » [Affordable Care Act Information](#)
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- » [Health Information on the Web](#)
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 - » [Advocacy for Hospital Libraries](#)
 - » [American Indians & Alaska Natives](#)
 - » [Community-based Organizations](#)
 - » [Public Health Workforce](#)
 - » [Public Libraries](#)
- » [Outreach Evaluation Resource Center \(OERC\)](#)

National Network of Libraries of Medicine (NN/LM) Pacific Northwest Region

Supporting collaboration among regional libraries, information centers, and community-based organizations in the states of [Alaska](#), [Idaho](#), [Montana](#), [Oregon](#), and [Washington](#).

The mission of the NN/LM is to enhance access to biomedical and health information for researchers, health professionals and the public. Located at the University of Washington, the Regional Medical Library for the NN/LM Pacific Northwest Region offers education programs, funding, and consultation to support research, health information services, resource sharing, community partnerships, and outreach in the region.

If your institution is not a member learn more about the benefits of membership and join now!

JOIN THE NETWORK

NIH

U.S. National Library of Medicine

TOXNET

TOXNET Home > LactMed

LactMed
A TOXNET DATABASE

What is LactMed?

The LactMed® database contains information on drugs and other chemicals to which breastfeeding mothers may be exposed. It includes information on the levels of such substances in breast milk and infant blood, and the possible adverse effects in the nursing infant. Suggested therapeutic alternatives to those drugs are provided, where appropriate. All data are derived from the scientific literature and fully referenced.

Updates: [LactMed](#) is updated monthly.

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National Network of Libraries of Medicine (NN/LM) Pacific Northwest Region

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now!

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- [Provide Outreach](#)
- [What NN/LM PNR Can Do For You](#)
- [What You Can Do For Others](#)

Provide Outreach

The NN/LM PNR equips and encourages Network members to extend their services and expertise to groups, agencies, and institutions beyond their traditional reach. By developing and expanding collaborations, the Network pursues its primary goals to improve the public's access to information to enable them to make informed decisions about their health, and to provide all health professionals with equal access to biomedical information.

What NN/LM PNR Can Do For You

- Provide consultation and support for you to [partner and collaborate](#) with agencies in your community to provide health information services. Assist with [planning and evaluating](#) outreach.
- Provide [training and professional development opportunities](#) so you can update your skills or learn new techniques in providing health information. We use the train-the-trainer model to equip you to train your staff or clients regarding health information issues. Training sessions cover a range of topics - from utilizing National Library of Medicine resources, evaluating health information for quality, to using evaluation methods to measure your impact within your organization.
 - [Training Resources you can use](#): including lesson plans, toolkits, brochures.
 - Trainers from the [National Training Center and Clearinghouse](#) come to the Pacific Northwest on a regular basis to offer in-depth training. The schedule of these classes along with classes to request from PNR staff and many of our class materials is available [here](#).
 - Here is a [calendar of events](#) listing where regional NN/LM staff will be offering training sessions or staffing exhibits throughout the region.
- [Provide funding](#) for health information outreach projects in your community. To find out about funding opportunities visit this page, which

[Home](#)

Funding Opportunities and Resources

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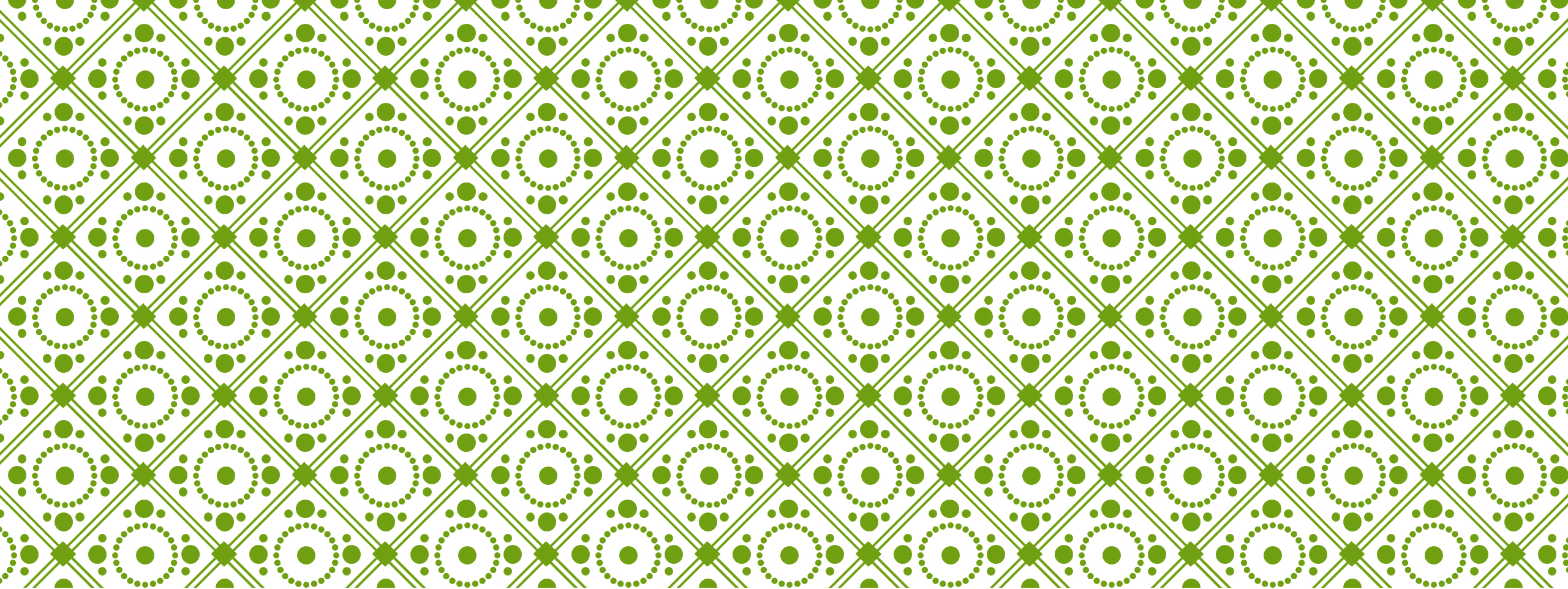
- [PNR Awards 2011 - 2016](#)
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- [PNR Projects Funded 2011 - 2016](#)
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PNR Awards 2011 - 2016

Each year, the PNR funds subcontracts and awards to support network members and encourage outreach activities aligned with the [NN/LM mission](#).

Available Awards	Purpose	Funding	Submit Intent to Apply By	Application Deadlines
Express Outreach	To improve use of quality online health information resources by priority populations, facilitate improved health literacy and to promote awareness and use of the products and services of the NLM and the NN/LM.	Up to \$15,000	N/A	Currently Closed
Medical Library Pilot Project	To recognize and support emerging roles of the information professional through pilot or demonstration projects that explore or demonstrate innovative roles within their institution.	Up to \$15,000	N/A	Currently Closed
Regional Symposia	To support Network members in planning and hosting regional symposia about issues and priorities of the NN/LM PNR Program.	Up to \$10,000	N/A	Currently Closed
Technology	To enhance the capacity of a library or community organization to offer electronic health information services by supporting the purchase,	Up to \$10,000	N/A	Currently Closed



BASIC INFORMATION

regarding developmental
disabilities

DEFINITION OF DEVELOPMENTAL DISABILITIES

CDC definition:

“Developmental disabilities are a group of conditions due to an impairment in physical, learning, language, or behavior areas. These conditions begin during the developmental period, may impact day-to-day functioning, and usually last throughout a person’s lifetime.”

[CDC Developmental Disabilities section](http://www.cdc.gov/ncbddd/developmentaldisabilities/facts.html): <http://www.cdc.gov/ncbddd/developmentaldisabilities/facts.html>

CAUSES/ RISK FACTORS

Most conditions caused by complex mix of factors:

- Genetic or chromosome abnormalities, causing conditions such as Down syndrome and Rett syndrome
- Certain viral infections during pregnancy
- Exposure of the mother or child to high levels of environmental toxins, such as lead
- Parental health and behaviors (such as smoking and drinking) during pregnancy
- Birth complications
- Preterm birth

WHO IS AFFECTED

- All ethnic, racial and socioeconomic groups
- 1 in 6, or about 15% of U.S. children aged 3 through 17 years, have one or more developmental disabilities or delays (2006-2008 survey)

STATISTICS

The prevalence of any DD (1997–2008) - 13.87%

- Prevalence of learning disabilities - 7.66%
- Prevalence of attention deficit hyperactivity disorder (ADHD) - 6.69%
- Prevalence of other developmental delay - 3.65%
- Prevalence of Autism - 0.47%

WHAT DOES THIS MEAN FOR INDIVIDUALS AND FAMILIES?

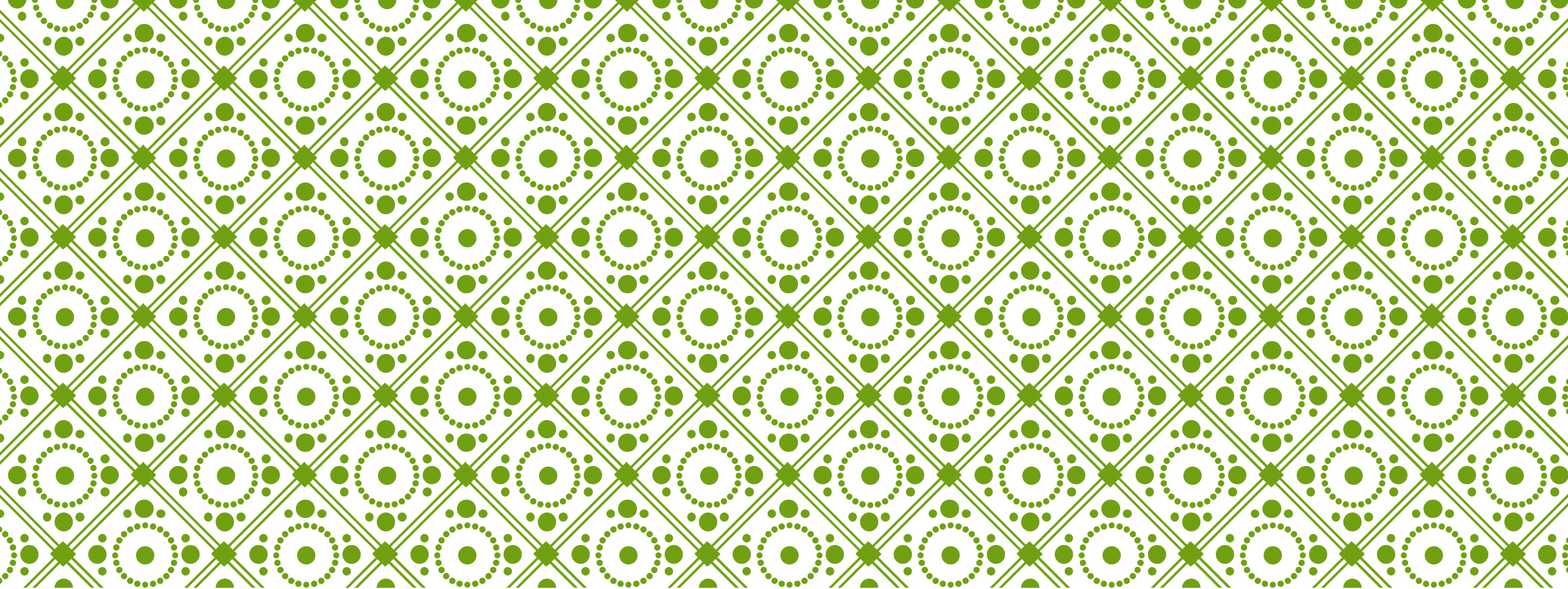
- Limited access to treatment and services
- Limited knowledge of and/or navigating social services, educational assistance, medical needs
- Extra effort and time to advocate and assist
- Job limitations
- Economic effects
- Cultural, language, literacy factors have additional impact
- Ethnic and racial disparities
- Affects whole family

HEALTH DISPARITIES

- Access to services
- Healthcare costs
- Knowledge/understanding basics of health
- Knowledge/understanding of treatments, procedures, aftercare
- Less advocacy
- Knowledge/understanding by health care industry
- Fewer options
- More complex care
- Medicaid
- Less research available

PROGRESS NEEDED:

- More awareness
- More services
- Better understanding of medical and social aspects
- Risk factors
- Early interventions
- Assistance to families and individuals
- Acceptance in schools, employers, businesses, and society in general



EVALUATING WEBSITES


ABCs of website evaluation


EVALUATING WEBSITES

- **Accuracy**
 - Based on sound medical research?
 - Can information be verified?
- **Authority**
 - Credentials of author
 - Contact information
 - Domain name: .edu, .org, .gov Versus .com, .net
- **Bias/Objectivity**
 - Advertising?
 - Sponsoring institution: pharmaceutical company? Non-profit?
- **Currency**
 - Last updated?
 - Links work?
- **Coverage**
 - Information complete?
 - Are sources provided?



EVALUATING WEBSITES

Autism Living Well

Add New Listing

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We Get It. We Live it Too.

We have 3 generations on the spectrum.


Our best providers took us from struggles to thriving.

FREE. Find providers.

FREE. Add your business or best providers.

FREE. Rate & Comment. Your wisdom is needed.

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[Home](#) → [Health Topics](#) → [Autism Spectrum Disorder](#)

Autism Spectrum Disorder

Also called: ASD, Pervasive developmental disorder (PDD)

On this page

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 - Symptoms
 - Diagnosis and Tests
 - Treatments and Therapies
- Learn More
 - Living With
 - Related Issues
 - Specifics
 - Genetics
- See, Play and Learn
 - Health Check Tools

Research

- Statistics and Research
- Clinical Trials
- Journal Articles

Resources

- Find an Expert

For You

- Children
- Teenagers
- Patient Handouts

Summary

Autism spectrum disorder (ASD) is a neurological and developmental disorder that begins early in childhood and lasts throughout a person's life. It affects how a person acts and interacts with others, communicates, and learns. It includes what used to be known as Asperger syndrome and pervasive developmental disorders.

It is called a "spectrum" disorder because people with ASD can have a range of symptoms. People with ASD might have problems talking with you, or they might not look you in the eye when you talk to them. They may also have restricted interests and repetitive behaviors. They may spend a lot of time putting things in order, or they may say the same sentence again and again. They may often seem to be in their



Get Autism Spectrum Disorder updates by email

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MEDICAL ENCYCLOPEDIA

Asperger syndrome

Autism

WebMD

[CHECK YOUR SYMPTOMS](#) [FIND A DOCTOR](#) [FIND LOWEST DRUG PRICES](#)

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[Brain & Nervous System](#) > [Autism](#) >

Autism Spectrum Disorders Health Center



The Facts About Autism

Learn about symptoms, diagnosis, and treatments.

Autism Overview

Autism spectrum disorder includes conditions previously called autism, pervasive developmental disorder, and Asperger syndrome. The cause

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Early Warning Signs of Autism

Symptoms within the first 2 years of a child's life.



12 Reasons You Can't Concentrate

Plus tips to get your focus back.

MEDLINEPLUS

HTTPS://WWW.NLM.NIH.GOV/MEDLINEPLUS/


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 **Videos & Tools**
Discover tutorials, health and surgery videos, games, and quizzes

 **Medical Encyclopedia**
Articles and images for diseases, symptoms, tests, treatments

Medical Dictionary from Merriam-Webster
Look up in Dictionary

 **Is your child protected against common infections?**

1 2 3 4 II

Today's Health News

Births of Triplets, Quadruplets on Decline in U.S.: Report

Got Unwanted Pills? Drug Take-Back Day Is April 30

Some Smart Yet Easy Ways to Shield Yourself from Skin Cancer

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Search [ClinicalTrials.gov](#) for drug and treatment studies.

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 **Medicinas y suplementos**
Aprenda sobre sus medicamentos de receta, de venta libre, hierbas y suplementos

 **Videos y multimedia**
Descubra tutoriales, videos de cirugías, juegos y herramientas virtuales

 **Enciclopedia médica**
Artículos e imágenes sobre enfermedades, síntomas, exámenes, tratamientos

 **La artritis causa dolor. Pero hay cosas que usted puede hacer para sentirse mejor**

1 2 3 4 ▶

Noticias sobre la salud

Formas inteligentes y fáciles de protegerse del cáncer de piel

Los audífonos podrían ayudar a mantener aguda la mente de las personas mayores

¿Podría una manipulación celular algún día 'desactivar' las canas?

Más noticias de salud

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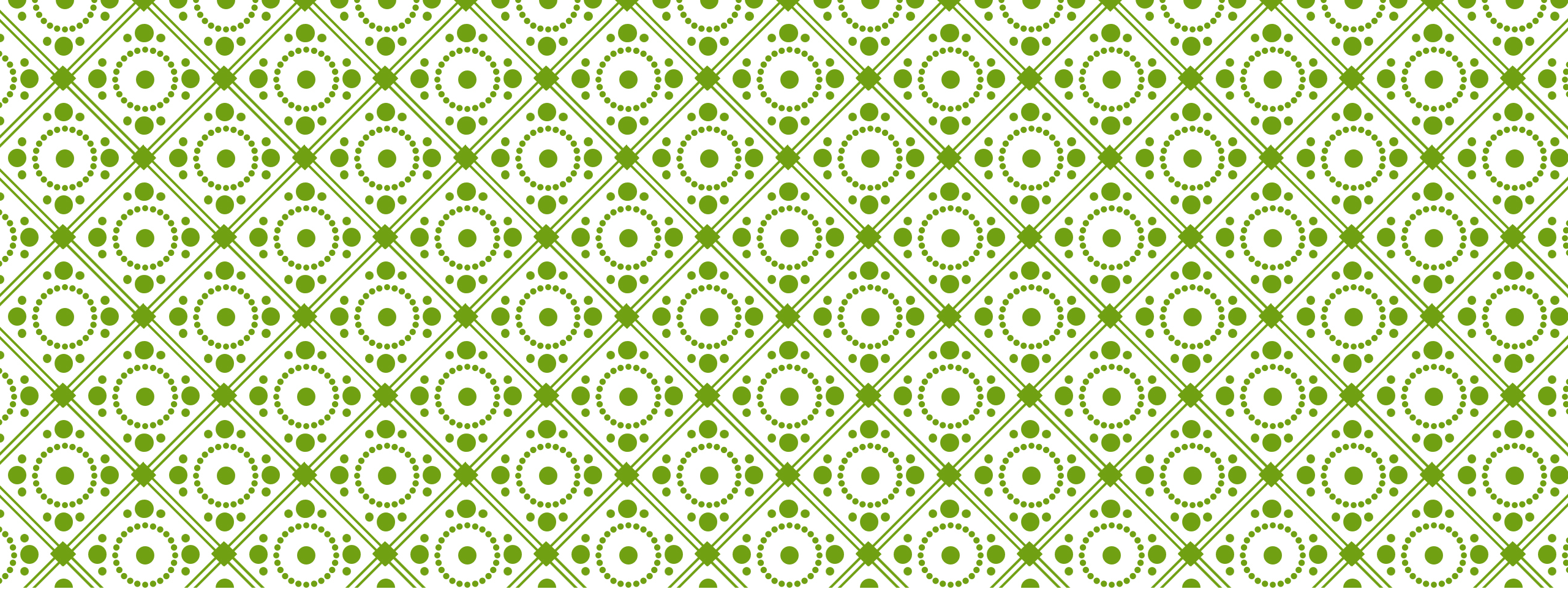
Ingrese su email

Revista NIH MedlinePlus Salud

Lea el último número



Anuncios de MedlinePlus por email RSS Siganos en  



LOCATING INFORMATION USING NLM RESOURCES

and other resources

NLM RESOURCES

MedlinePlus

The screenshot shows the MedlinePlus website homepage. At the top, there is a blue header with the NIH logo and the text "U.S. National Library of Medicine". Below this is the MedlinePlus logo, which includes a stylized 'M' and the text "MedlinePlus® Trusted Health Information for You". To the right of the logo is a search bar labeled "Search MedlinePlus" with a "GO" button. Below the search bar are links for "About MedlinePlus", "Site Map", "FAQs", and "Contact Us". The main content area is divided into several sections. On the left, there are three green boxes with icons: an apple for "Health Topics", a pill for "Drugs & Supplements", and a play button for "Videos & Tools". Each box contains a brief description of the content. In the center, there is a large image of a woman sitting on a couch and using a tablet, with social media icons for Google+, Facebook, and Twitter. To the right of this image, there is a section titled "MedlinePlus is now on GooglePlus!" and a "Follow us for the latest on health and wellness." section with a "GO" button. Below these are sections for "Today's Health News" with a list of articles, "Stay Connected" with an email sign-up form, and "NIH MedlinePlus Magazine" with a "Read the latest issue" link. At the bottom, there is a "Medical Dictionary from Merriam-Webster" section with a "Look up in Dictionary" button and a "GO" button. The footer contains four icons and their corresponding text: "Easy-to-Read Materials", "Organizations and Directories", "Health Information in Multiple Languages", and "MedlinePlus Connect for EHRs".

Genetics Home Reference

The screenshot shows the Genetics Home Reference website homepage. At the top, there is a blue header with the NIH logo and the text "U.S. NATIONAL LIBRARY OF MEDICINE". Below this is the Genetics Home Reference logo, which includes a stylized 'G' and the text "Genetics Home Reference". To the right of the logo is the text "Your Guide to Understanding Genetic Conditions". Below the logo and text is a search bar labeled "Search" with a "GO" button. The main content area is divided into several sections. At the top, there is a navigation bar with links for "Health Conditions", "Genes", "Chromosomes & mtDNA", "Resources", and "Help Me Understand Genetics". Below this is a large banner image with the text "Genetics Home Reference provides consumer-friendly information about the effects of genetic variation on human health." Below the banner is a section titled "Health Conditions" with a "Browse A-Z" button. To the right of this section is a "New & Updated" section with a list of new and updated conditions. The list is divided into two columns: "New" and "Updated". The "New" column lists "Schwartz-Jampel syndrome", "Stüve-Wiedemann syndrome", and "7q11.23 duplication syndrome". The "Updated" column lists "antiphospholipid syndrome" and "congenital fiber-type disproportion". At the bottom, there is a "Genes" section with a "Browse A-Z" button.

NIH EUNICE KENNEDY SHRIVER NATIONAL INSTITUTE OF CHILD HEALTH & HUMAN DEVELOPMENT (NICHD)

The screenshot shows the NICHD website with a red circle highlighting the 'For Parents, Patients & Caregivers' section. The website header includes the NIH logo, the full name of the institute, and a search bar. The main navigation bar contains links for Health & Research, Grants & Funding, Training, Education & Career Development, News & Media, and About NICHD. The main banner features a woman kissing a baby with the text 'Moms' Mental Health Matters'. Below the banner, the 'For Parents, Patients & Caregivers' section is highlighted, containing a list of links: A-Z Health and Research Topics, Clinical trials, Multimedia, Publications & materials, Safe to Sleep® Campaign, NICHD on Facebook, Get email updates, and All info for parents, patients, and families. To the right, there is a 'Director's Corner' section featuring Catherine Y. Spong, M.D., and a link to 'NICHD supports studies to help track, reduce, and prevent youth violence'.

NIH Eunice Kennedy Shriver National Institute of Child Health and Human Development
Health research throughout the lifespan

A-Z Topics | Directory

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Research-based information and resources related to the health of children, adults, families, and communities

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- [Clinical trials](#)
- [Multimedia](#)
- [Publications & materials](#)
- [Safe to Sleep® Campaign](#)
- [NICHD on Facebook](#)
- [Get email updates](#)
- [All info for parents, patients, and families](#)

Información en español

Director's Corner

Catherine Y. Spong, M.D.: Acting Director, Obstetrician/Gynecologist, Maternal-Fetal Medicine Specialist, Researcher, Mom

[NICHD supports studies to help track, reduce, and prevent youth violence.](#)

What's New?

[Endometriosis linked to increased risk for heart disease, NIH-funded study finds \(May 04, 2016\)](#)

Endometriosis—an often painful gynecologic condition resulting when

NIH NATIONAL INSTITUTE OF ARTHRITIS & MUSCULOSKELETAL & SKIN DISEASES (NIAMS)



The screenshot shows the NIH National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS) website. A red circle highlights the navigation menu, which includes links to Home, Health Information, Research, Funding, News & Events, and About Us. The website also features a search bar, social media links, and a newsletter sign-up. The main content area displays a featured article titled "NIH Announces Publication of Action Plan for Lupus Research" and a list of news and events. The left sidebar contains links to research focus, studies seeking patients, and NIAMS highlights. The right sidebar includes funding opportunities, research at NIAMS, and accelerating medicines partnership information.

NIH National Institute of Arthritis and Musculoskeletal and Skin Diseases

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NIH Announces Publication of Action Plan for Lupus Research

This report was a collaborative effort, led by NIAMS on behalf of the NIH. It represents a synthesis of internal and external input on promising future research directions to improve the lives of people with lupus.

[Find out more about the Action Plan.](#)

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News and Events [more news and events](#)

- [Rapid-response Immune Cells Are Fully Prepared Before Invasion Strikes](#)
- [Same Immune Regulatory Protein Found to Play Instrumental Role in Two Hereditary Autoinflammatory Diseases](#)
- [Bone Loss Triggered by Hormonal Condition Found to Involve Immune Molecule](#)
- [NIAMS Update — April 21, 2016](#)
- [Special Announcement — April 21, 2016, Guest Director's Letter: At NIH, Minority Health Is Everyone's Concern, Every Day](#)
- [Study Suggests Most Women With Mild to Moderate Lupus Can Expect to Have Healthy Pregnancies](#)
- [Two Drugs That Treat Rheumatoid Arthritis and Blood Cancers Shown to Promote Hair Growth](#)

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Accelerating Medicines Partnership (AMP)

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Tweets by @NIH_NIAMS

NIH NIAMS NIHD... @NIH_NIAMS

NIH NATIONAL INSTITUTE OF NEUROLOGICAL DISORDERS AND STROKE (NINDS)

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NIH National Institute of Neurological Disorders and Stroke

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The Office of the Assistant Secretary for Health at the U.S. Department of Health and Human Services released a National Pain Strategy

 Today's release of the National Pain Strategy is exciting and welcome news. Pain severely impacts the quality of life for millions of people, their families and their broader community. Our current options for preventing and treating chronic pain pale in comparison to the burden of this formidable illness. While we are making progress toward better understanding of pain and the interventions that are most helpful in relieving pain, we have a long way to go.

Walter Koroshetz, M.D. Research advances have given us insight into how pain protects us from injuries. We have also learned some of the ways in which our own nervous systems can create neural networks that cause pain to persist beyond its protective role in a way that is no longer beneficial. The biological changes that contribute to this chronic and dysfunctional state are complex - and challenging - to study and treat. [More Message »](#)

Stroke Awareness
Visit the [Know Stroke](#) website to learn more about stroke and obtain Know Stroke materials such as brochures, posters, and [this video](#).



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News

BRAIN Initiative
NIH Invests \$85 million for BRAIN Initiative research

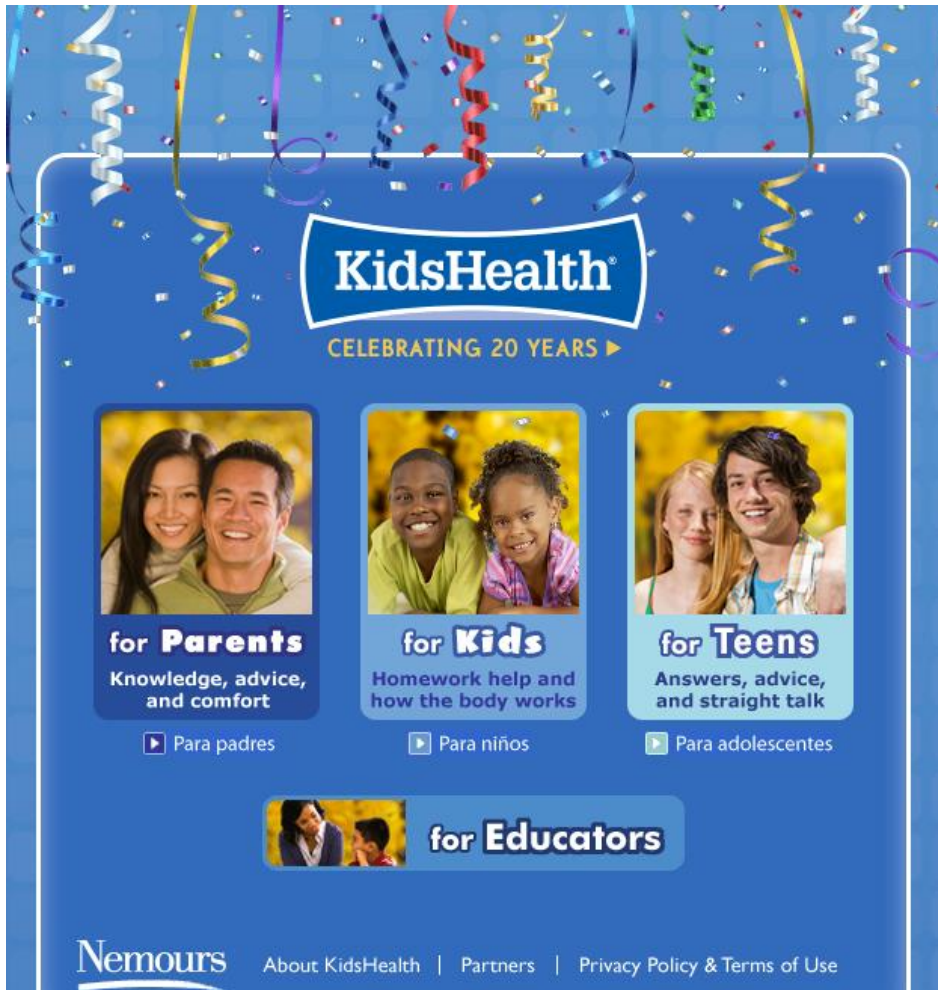
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for Teens
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Infections
Q&A
School & Jobs
Drugs & Alcohol
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Making a Change
Your Personal Plan
Get Started ➔

Hot Topics
➤ Meningitis

Turner Syndrome

KidsHealth > For Teens > Turner Syndrome

AAA Text Size Print

▶ What's in this article? see more [+]

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Turner syndrome (TS) is a medical disorder that affects about 1 in every 2,500 girls. Although researchers don't know exactly what causes Turner syndrome, they do know that it's the result of a problem with a girl's **chromosomes**.

Girls with Turner syndrome are usually short in height. Those who aren't treated for short stature reach an average height of about 4 feet 7 inches (1.4 meters).

The good news is that when Turner syndrome is diagnosed while a girl is still growing, she can be treated with growth hormones to help her grow taller.

How Does It Happen?

Most girls are born with two X chromosomes, but girls with Turner syndrome are born with only one X chromosome or they are missing part of one X chromosome. The effects vary widely among girls with Turner syndrome. It all depends on how many of the body's cells are affected by the changes to the X chromosome.

In addition to growth problems, Turner syndrome prevents the ovaries from developing properly, which affects a girl's sexual development and the ability to have children. Because the ovaries are responsible for making the hormones that control breast

ACL.GOV

U.S. Department of Health and Human Services
Administration for Community Living

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FEATURES

- [EJCC Spring Meeting](#)
- [Brain Health Facts \(PDF\)](#)
- [Older Americans Month](#)
- [OAA Reauthorization](#)
- [Why Community Living?](#)

Developmental Disability Programs

Recent ACL Blogs (view all blog posts)

- [Moving the Boulder on Elder Justice: 5 Years of Collaboration \(05/04/2016\)](#)
- [ACL and The Leadership Conference: This Autism Awareness Month, Let's Remember that our Movements are Interconnected \(04/30/2016\)](#)

News and Information (view full listing)

- [Webinar - Getting the Word Out: Creating Compelling Communications for World Elder Abuse Awareness Day \(05/04/2016\)](#)
- [Older Americans Act Reauthorization Signed into Law \(04/19/2016\)](#)
- [March is National Nutrition Month \(03/11/2016\)](#)

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Brain Health
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People with Disabilities
Caregivers and Families
Emergency Preparedness
Funded Resource Centers
Administration on Aging
Administration on Disabilities
Center for Integrated Programs
Additional Resources

People with Disabilities

- Disability.gov**—This federal government website provides comprehensive information on disability programs and services in communities nationwide. The site links to more than 14,000 resources from federal, state and local government agencies.
- Centers for Independent Living** [CLIL](#)—The website provides information and links to the Centers for Independent Living (CILS), nonresidential private nonprofit agencies that are designed and operated within a local community by individuals with disabilities and provide an array of independent living services.
- State Councils on Developmental Disabilities**—This page provides information and links to the 56 State Councils on Developmental Disabilities, federally funded, self-governing organizations charged with identifying the most pressing needs of people with developmental disabilities in their state or territory.
- Protection and Advocacy Agencies (P&A)**—This page provides information and links to the 57 P&As across the United States that are dedicated to the ongoing fight for the personal and civil rights of individuals with developmental disabilities. P&As provide legal support to traditionally underserved or underserved populations to help them navigate the legal system to achieve resolution and encourage systems change.
- University Centers for Excellence in Developmental Disabilities (UCEDDs)**—This page provides information and links to the 68 UCEDDs across the United States. UCEDDs are a nationwide network of independent but interlinked centers, representing an expansive national resource for addressing issues, finding solutions, and advancing research related to the needs of individuals with developmental disabilities and their families.
- Projects of National Significance (PNS)**—This page provides information and links to the PNS. PNS focus on the most pressing issues affecting people with developmental disabilities and their families, creating and enhancing opportunities for these individuals to contribute to, and participate in, all facets of community life.
- Related Resources**
 - [Allies of Self-Advocacy](#)
 - [Autism Society of America](#)
 - [Clearinghouse on Disability Information Disabilities](#)
 - [Developmental Disabilities Resource Center \(DDRC\)](#)
 - [National Association of Secretaries of State \(Help America Vote Act Resources\)](#)
 - [National Association of State Directors of Developmental Disabilities Services](#)

DISABILITY.GOV

Disability.gov



Benefits



Civil Rights



Community
Life



Education



Emergency
Preparedness



Employment



Health



Housing



Technology



Transportation

Guide Me to Information

Welcome to Disability.gov, the U.S. federal government website for information on disability programs and services nationwide.

The site connects people with disabilities, their families and caregivers to helpful resources on topics such as how to apply for disability benefits, find a job, get health care or pay for accessible housing. You can also find organizations in your community to help you get the support you need.

Let Disability.gov be your guide!

GUIDE ME

Fair Housing Month 2016



10 Things to Know about Housing

Read the April edition of the Disability Connection newsletter to find out about "10 Things to Know about Housing"

Disability.gov



Benefits



Civil Rights



Community
Life



Education



Emergency
Preparedness



Employment



Health



Housing



Technology



Transportation

Guide Me to Information

Welcome to Disability.gov, the U.S. federal government website for information on disability programs and services nationwide.

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Let Disability.gov be your guide!

GUIDE ME

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A Guide to Transportation ?

Air Travelers with Disabilities

Finding a Ride & Paratransit
Services

Older Driver Safety

Transportation Laws &
Regulations

Accessible Taxis

Filing a Transportation
Complaint

Modifying a Car or Other
Vehicle

Public Transportation

Transportation Provider
Resources

View all resources in Transportation

10 Thi

Read the April edition of the Disability Connection newsletter to find out about "10 Things to Know about Housing"

CDC



Developmental disabilities are a group of conditions due to an impairment in physical, learning, language, or behavior areas. About one in six children in the U.S. have one or more developmental disabilities or other developmental delays.

BASICS

Milestones, screening, causes and risk factors, and living with a disability.

SPECIFIC CONDITIONS

Information about specific types of developmental disabilities.

RESEARCH & TRACKING

What we've learned and CDC's work.

ARTICLES

Scientific articles.

RESOURCE CENTER

Print or order free materials.

LINKS TO OTHER WEBSITES

Links to information from other organizations.

MULTIMEDIA & TOOLS

Videos, podcasts, and widgets.

ABOUT US

Overview of CDC's work.



DEVELOPMENTAL MILESTONES

Children reach milestones in how they play, learn, speak, behave, and move. CDC has checklists to help parents and others track a child's development.

[More >](#)



Developmental Disabilities

Developmental Disabilities Homepage

Facts

Specific Conditions

Research & Tracking



Articles & Key Findings

Free Materials

Multimedia & Tools

Links to Other Websites

About Us

[Developmental Disabilities Homepage](#)

Free Materials



Language: English ▾



[Attention-Deficit / Hyperactivity Disorder \(ADHD\)](#)

People with ADHD have trouble paying attention, controlling impulsive behaviors, and in some cases, are overly active. CDC has materials for families.



[Autism Spectrum Disorder \(ASD\)](#)

Autism Spectrum Disorder (ASD) is a group of developmental disabilities that can cause significant social, communication and behavioral challenges. CDC has fact sheets, posters, a growth chart, and more in English and Spanish.

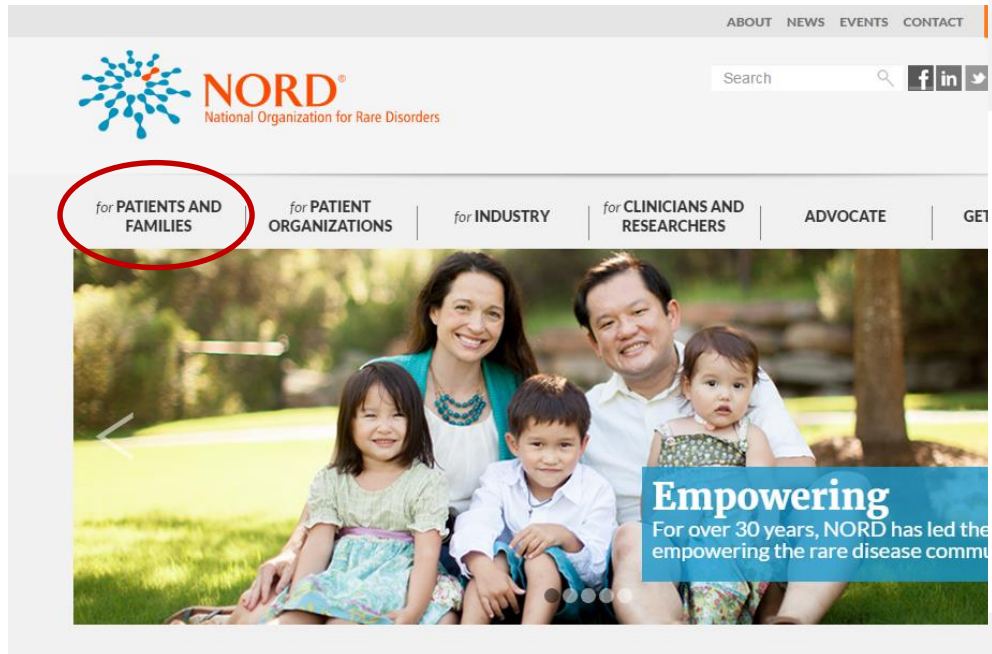


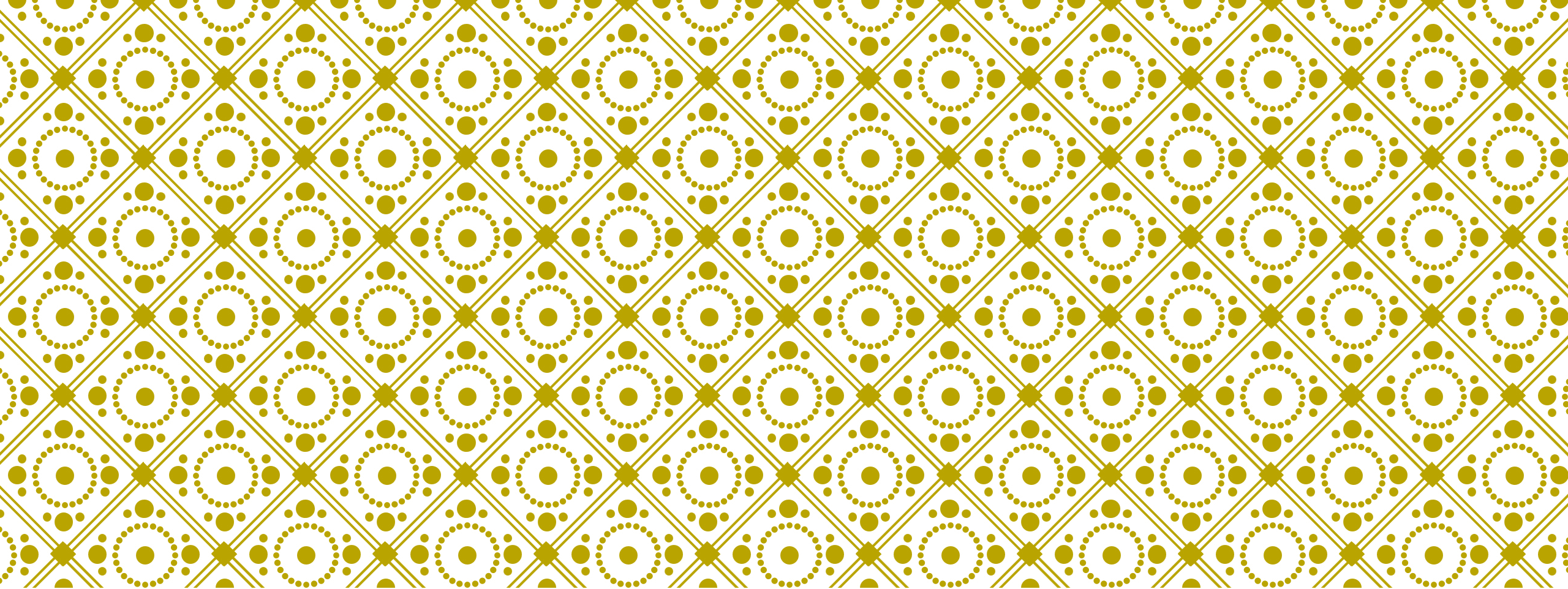
[Fetal Alcohol Spectrum Disorders \(FASDs\)](#)

FASDs are a group of conditions that can include physical problems and problems with behavior and learning. CDC has materials in English and Spanish for families, health professionals, and others on FASDs.




NORD





DRUG INFORMATION

DRUG INFORMATION



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Drugs, Herbs and Supplements

Drugs

Learn about your prescription drugs and over-the-counter medicines. Includes side effects, dosage, special precautions, and more.

Browse by generic or brand name:

[A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#)

[U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#) [0-9](#)

For FDA approved labels included in drug packages, see [DailyMed](#).

Herbs and Supplements

Browse dietary supplements and herbal remedies to learn about their effectiveness, usual dosage, and drug interactions.

[All herbs and supplements](#)

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Home → [Drugs, Herbs and Supplements](#) → [Sertraline](#)

Sertraline

pronounced as (ser' tra leen)



[Why is this medication prescribed?](#)

[How should this medicine be used?](#)

[Other uses for this medicine](#)

[What special precautions should I follow?](#)

[What special dietary instructions should I follow?](#)

[What should I do if I forget a dose?](#)

[What side effects can this medication cause?](#)

[What should I know about storage and disposal of this medication?](#)

[In case of emergency/overdose](#)

[What other information should I know?](#)

[Brand names](#)

IMPORTANT WARNING:

A small number of children, teenagers, and young adults (up to 24 years of age) who took antidepressants ('mood elevators') such as sertraline during clinical studies became suicidal (thinking about harming or killing oneself or planning or trying to do so). Children, teenagers, and young adults who take antidepressants to treat depression or other mental illnesses may be more likely to become suicidal than children, teenagers, and young adults who do not take antidepressants to treat these conditions. However, experts are not sure about how great this risk is and how much it should be considered in deciding whether a child or teenager should take an antidepressant.

You should know that your mental health may change in unexpected ways when you take sertraline or other antidepressants even if you are an adult over 24 years of age. You may become suicidal, especially at the beginning of your treatment and any time that your dose is increased or decreased. You, your family, or your caregiver should call your doctor right away if you experience any of the following symptoms: new or worsening depression; thinking about harming or killing yourself, or planning or trying to do so; extreme worry; agitation; panic attacks; difficulty falling asleep or staying asleep; aggressive behavior; irritability; acting without thinking; severe restlessness; and frenzied abnormal excitement. Be sure that your family or caregiver knows which symptoms may be serious so they can call the doctor if you are unable to seek treatment on your own.

Your healthcare provider will want to see you often while you are taking sertraline, especially at the beginning of your treatment. Be sure to keep all appointments for office visits with your doctor.

The doctor or pharmacist will give you the manufacturer's patient information sheet (Medication Guide) when you begin treatment with sertraline. Read the information carefully and ask your doctor or pharmacist if you have any questions. You also can obtain the Medication Guide from the FDA website: <http://www.fda.gov/Drugs/DrugSafety/InformationbyDrugClass/UCM096273>.

No matter what your age, before you take an antidepressant, you, your parent, or your caregiver should talk to your doctor about the risks and benefits of treating your condition with an antidepressant or with other treatments. You should also talk about the risks and benefits of not treating your condition. You should know that having depression or another mental illness greatly increases the risk that you will become suicidal. This risk is higher if you or anyone in your family has or has ever had bipolar disorder (mood that changes from depressed to

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Information available for 63,183 drugs.

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☒ By Name ☐ By Category









1 result for Name/Synonym equals SERTRALINE 

Drug Name: Sertraline [INN:BAN]


Description: A selective serotonin uptake inhibitor that is used in the treatment of depression.

Categories:  Antidepressive Agents

Summary

- ▶  [Summary of drug information \(MedlinePlusDrug\)](#)
- ▶  [Summary of consumer health information \(MedlinePlusTopics\)](#)
- ▶  [Summary of the effect on breastfeeding \(LactMed\)](#)
- ▶  [Summary of Drug-Induced Liver Injury \(LiverTox\)](#)
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Home > Drug Information


Drug Information from the National Library of Medicine

 [Drug Information Portal](#)


The Portal provides users a comprehensive gateway to information on over 53,000 substances (over 200,000 unique searchable drug names and their synonyms) not only from NLM but also from other U.S. government agencies. It covers drugs from the time they are entered into clinical trials through their entry into the U.S. marketplace. The Drug Portal touches on all related information resources at NLM to provide for a comprehensive view. It is intended as a "middle ground" resource which includes information for the consumer, health professionals, and researchers.

 [Drugs, Herbs and Supplements](#)


Learn about your prescription drugs and over-the-counter medicines from MedlinePlus, the National Institutes of Health's Web site for patients and their families and friends. Read about side effects, dosage, special precautions, and more. Browse dietary supplements and herbal remedies to learn about their effectiveness, usual dosage, and drug interactions.

 [Pillbox](#)

Developed to aid in the identification of unknown solid dosage pharmaceuticals, Pillbox combines high-resolution images of tablets and capsules with appearance information (imprint, shape, color, etc.). It enables users to identify solid dosage forms based on physical criteria: imprint (characters or number printed on a medication), shape, color, size, and scoring. Users are shown thumbnail images of possible matches. These images are continually updated as the user enters additional information. Pillbox is designed for use by emergency physicians, first responders, other health care providers, Poison Control Center staff, and concerned citizens.

 [DailyMed](#)

DailyMed provides information about marketed drugs, including FDA labels (package inserts). It provides health information providers and the public with a standard, comprehensive, up-to-date, look-up and download resource of medication content and labeling as found in medication package inserts.



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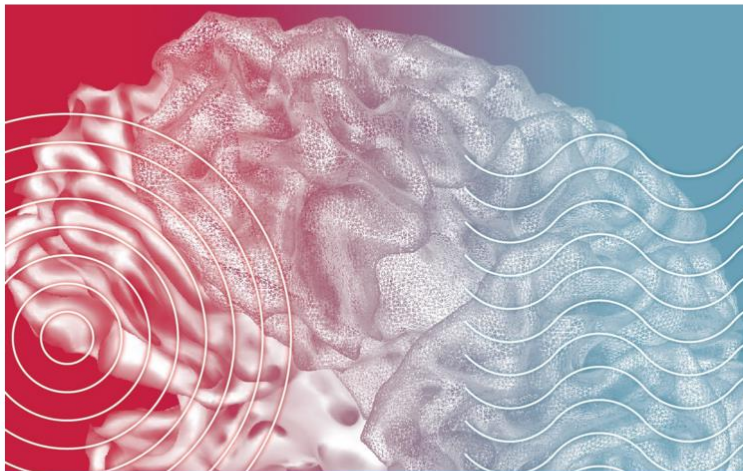
Seasonal Allergies (March 2016)

Menopausal Symptoms (February 2016)

Stress (January 2016)

News

Blog Posts



Pain Research

NCCIH sponsors and conducts pain research to learn about nonpharmacologic approaches to pain management.

Learn more about our research and find information for consumers.



Pain Research



Seasonal Allergies



Cardiovascular Health

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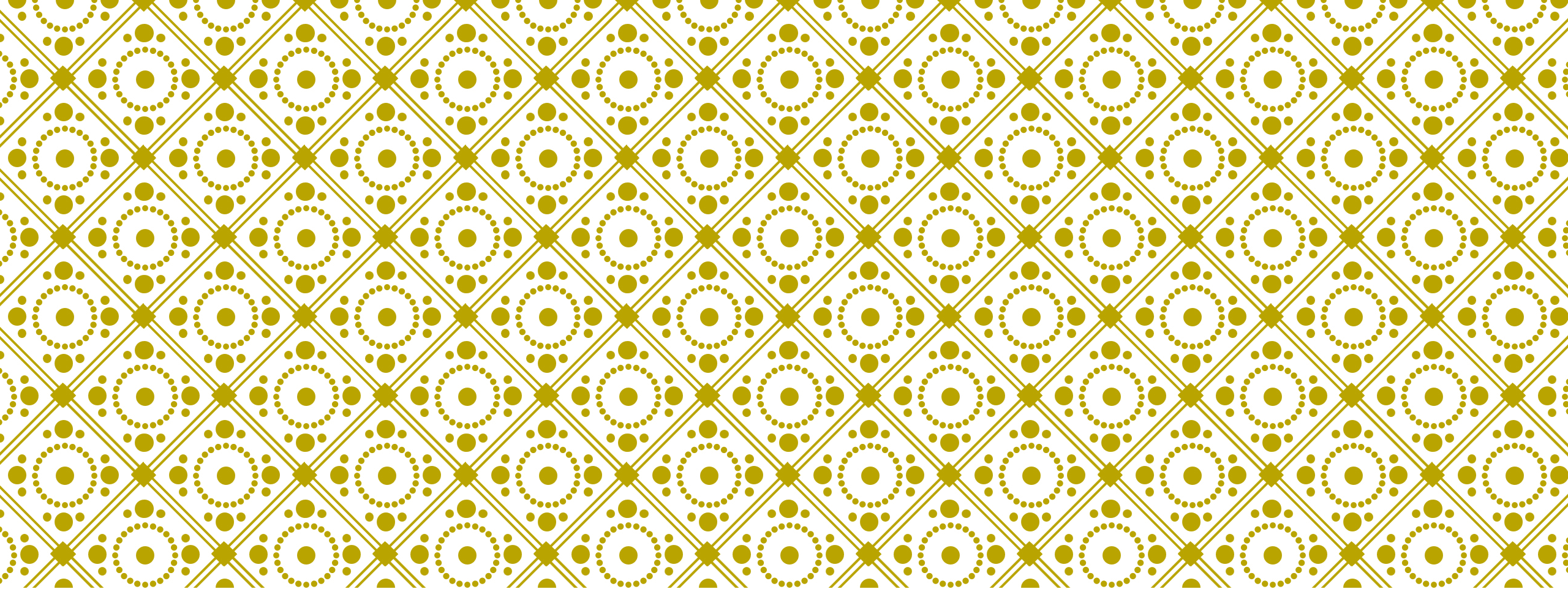
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Melatonin Information

Melatonin is a natural hormone that plays a role in sleep. Melatonin dietary supplements have been studied for sleep disorders, such as jet lag, disruptions to the body's internal "clock," insomnia, and problems with sleep among people who work night shifts. It has also been studied for dementia symptoms.

- 5 Things To Know About Safety of Dietary Supplements for Children and Teens
- 7 Things To Know About Complementary Health Approaches for ASD
- 7 Things To Know About Complementary Health Approaches for ADHD
- 5 Tips: Natural Products Used for Common Aging-Related Conditions
- Melatonin: In Depth
- 5 Things To Know About Sleep Disorders and Complementary Health Approaches
- Alzheimer's Disease at a Glance
- Attention-Deficit Hyperactivity Disorder at a Glance
- Sleep Disorders: In Depth
- Sleep Disorders Information
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Chamorro (chamoru)
Chinese - Simplified (简体中文)
Chinese - Traditional (繁體中文)
Chuukese (Trukese)
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A

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- Alzheimer's Caregivers
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Patient Materials

Find culturally relevant information in multiple languages and formats about health conditions and wellness topics



Provider Information

Discover resources, cultural backgrounders, clinical tools, and guidance about specific immigrant, refugee, and asylee populations



A-Z Index

Browse the entire collection of patient education materials and provider information tools by topic or category

Featured Resources

Zika Virus Resources

[Zika Virus - Patient Materials](#)

Find reliable multilingual consumer health information about Zika virus transmission, symptoms, and prevention, as well as advice for travelers, pregnant women, and women trying to become pregnant. Resources include fact sheets, posters, and video from the Centers for Disease Control and Prevention (CDC), the Pan American Health Organization (PAHO), the World Health Organization (WHO), and Dallas County Health and Human Services (DCHHS).

[Zika Virus - Provider Information](#)

Healthcare professionals and consumers alike can access up-to-date information and resources about Zika virus. Find scholarly articles, scientific and technical material, epidemiological alerts and updates, communication materials, data, maps, and statistics, video content, and information about clinical evaluation and diagnostic testing for Zika virus from the CDC, the Fogarty International Center, and PAHO.

Drug and Alcohol Abuse Resources **NEW**

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For Parents, Patients & Caregivers For Researchers For Health Care Providers For Educators For Small Business

Research-based information and resources related to the health of children, adults, families, and communities

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What's New?

Medical News Resident Medical Researcher from NIH's Eunice Kennedy Shriver National Institute of Child Health and Human Development

NIH National Institute of Arthritis and Musculoskeletal and Skin Diseases

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NIH Announces Publication of Action Plan for Lupus Research

This report was a collaborative effort, led by NIAMS on behalf of the NIH. It represents a synthesis of internal and external input on promising future research directions to improve the lives of people with lupus.

[Find out more about the Action Plan.](#)

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- [Rapid-response Immune Cells Are Fully Prepared Before Invasion Strikes](#)
- [Same Immune Regulatory Protein Found to Play Instrumental Role in Two Hereditary Autoinflammatory Diseases](#)
- [Bone Loss Triggered by Hormonal Condition Found to Involve Immune Molecule](#)
- [NIAMS Update — April 21, 2016](#)
- [Special Announcement — April 21, 2016, Guest Director's Letter: At NIH, Minority Health Is Everyone's Concern, Every Day](#)
- [Study Suggests Most Women With Mild to Moderate Lupus Can Expect to Have Healthy Pregnancies](#)
- [Two Drugs That Treat Rheumatoid Arthritis and Blood Cancers Shown to Promote Hair Growth](#)

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Disorders A - Z: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

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Director's Message

Events News Director's Corner

Rare Disease Research at NINDS

When most people think of neurological disorders, a small number of diseases that affect millions of people—such as epilepsy, Parkinson's disease, and stroke—come to mind. While we focus a majority of our effort on these devastating diseases, we also have very dedicated research programs devoted to finding treatments for numerous rare diseases, which are defined as conditions affecting fewer than 200,000 Americans. In fact, due to the prevalence of neurological symptoms in rare diseases—of the estimated 7,000 known rare diseases that lead to significant morbidity and mortality in 25 million people in the United States, a third are thought to include a neurological component—NINDS funds research in to an extraordinary number of rare diseases.

Examples of rare neurological conditions that NINDS-funded scientists and clinicians study are amyotrophic lateral sclerosis (ALS), Duchenne muscular dystrophy, and Huntington's disease. In addition, NINDS funded research of hundreds of other rare diseases, including cerebrovascular diseases, neurometabolic disorders, neuromuscular and neurodegenerative disorders, movement disorders, epilepsies... [More Message](#)

Stroke Awareness

Visit the [Know Stroke](#) website to learn more about stroke and obtain Know Stroke materials such as brochures, posters, and this video.

[TROUBLE WALKING](#) [WEAKNESS ON ONE SIDE](#) [TROUBLE SEEING](#) [TROUBLE SPEAKING](#)

News

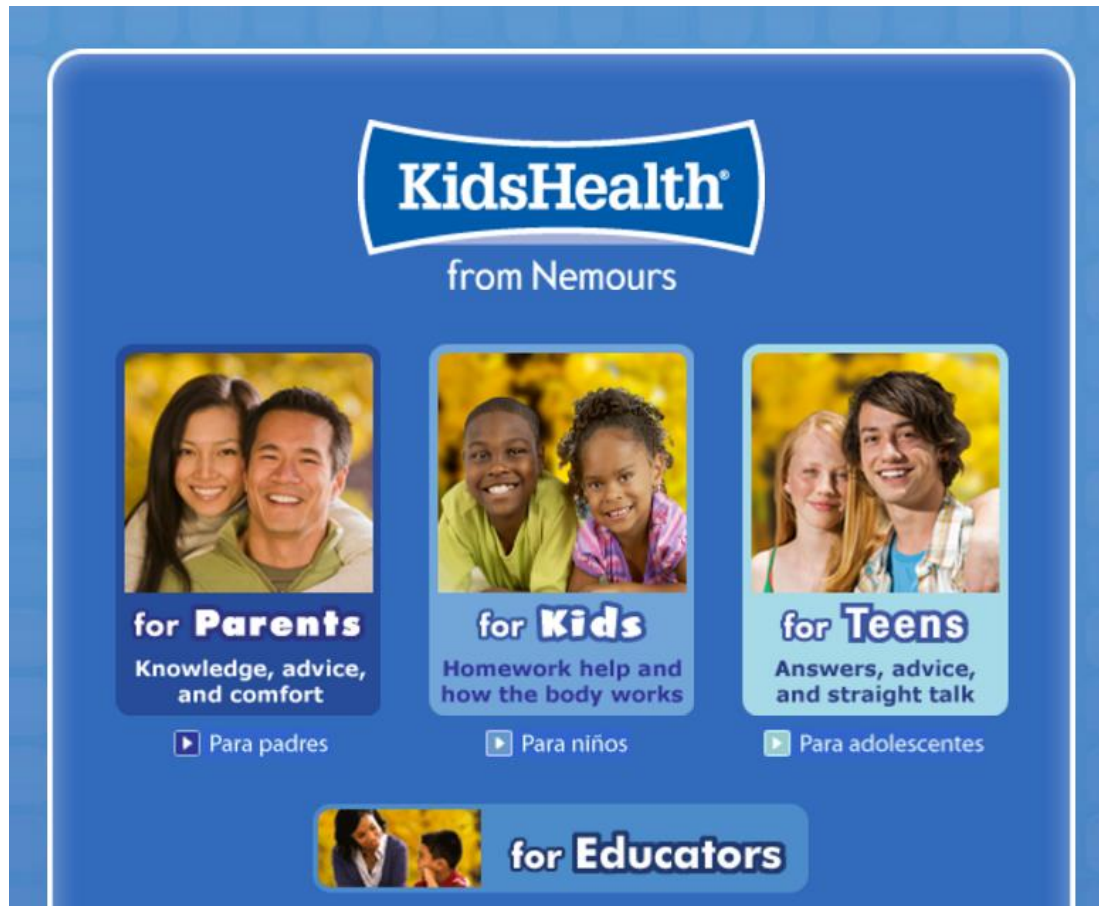
DNA repair factor linked to breast cancer may also play a role in Alzheimer's disease

For Researchers...

Research Funding

- [Funding Overview](#)
- [2014 NINDS Funding Outcomes](#)
- [NINDS Funding Strategy](#)
- [Funding Opportunities](#)

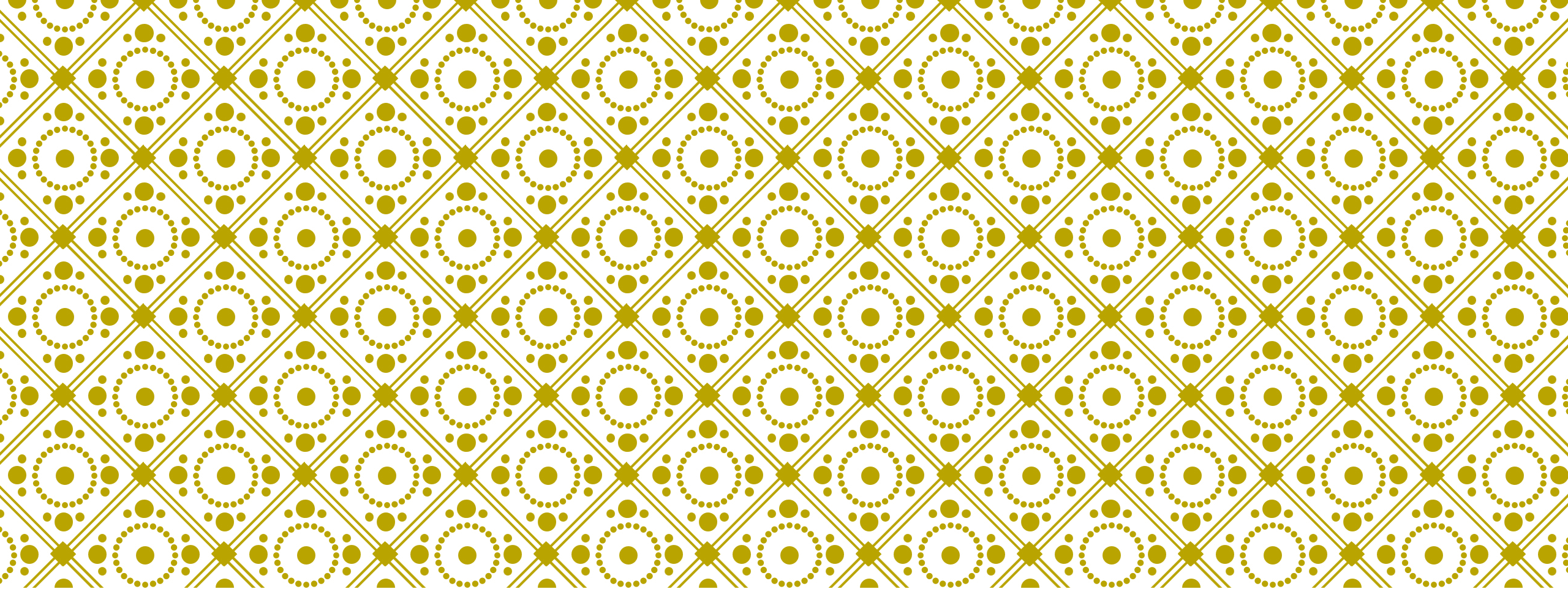
KIDSHEALTH.ORG



The screenshot shows the KidsHealth.org article page for Turner Syndrome. The page has a blue header with the KidsHealth logo and navigation tabs for "For Parents", "For Kids", and "For Teens". A search bar is located in the top left. The main content area features a large image of a woman and a child, with the title "Turner Syndrome" in large, bold letters. Below the title, there is a "What's in this article?" section with a "see more [+]" link. A "Listen" button is also present. A red circle highlights the "en español" button, which is linked to "Síndrome de Turner". The article text describes Turner syndrome as a medical disorder affecting about 1 in every 2,500 girls, characterized by a genetic condition where a female does not have the usual pair of two X chromosomes. It mentions that girls with this condition are usually shorter than average and infertile due to early loss of ovarian function. The "About Turner Syndrome" section states that Turner syndrome (TS) was first described in 1938 by Dr. Henry Turner, an endocrinologist, who noted a set of common physical features in some of his female patients. It is the result of a chromosomal abnormality in which a female infant is born with only one X chromosome (instead of two) or is missing part of one X chromosome. The text continues, "In most cases, untreated females with this disorder are short in stature (average final adult height is 4 feet 7 inches) and may have a variety of related physical features and medical problems." A sidebar on the right contains a "Partner Message" section celebrating the 20th Anniversary (1995-2015) of KidsHealth.org, highlighting "20 years" and "More than 2 billion visits". At the bottom of the sidebar, there is a "Join the party" button with a play icon and a link to "Partner with KidsHealth".

OTHER MULTI-LINGUAL LINKS





CONCERNS AND ISSUES




to consider

HEALTH NEEDS



- Comorbidity or dual diagnosis
- Dental Health
- Mental Health
- Nutrition/diet
- Locating an experienced physician
- Insurance
- Medical Home

HEALTH NEEDS- MEDLINEPLUS

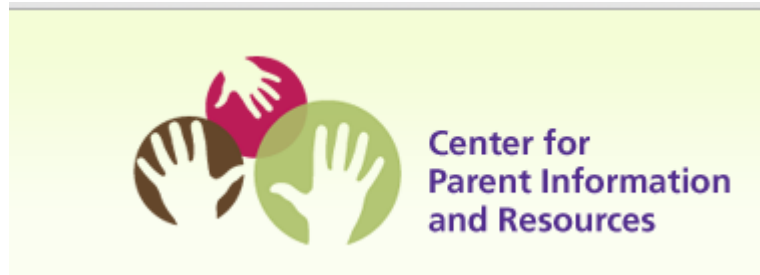
Related Issues

- [Alzheimer's Disease in People with Down Syndrome](#)  (National Institute on Aging)
- [Anesthesia & Down Syndrome](#) (National Down Syndrome Society)
- [Dental Issues & Down Syndrome](#) (National Down Syndrome Society)
- [Down Syndrome Myths and Truths](#) (National Down Syndrome Society)
Available in Spanish
- [Down Syndrome: Education](#) (National Down Syndrome Society)
- [Down Syndrome: Eye Problems](#) (American Association for Pediatric Ophthalmology and Strabismus)
- [Dual Diagnosis of Down Syndrome & Autism](#) (National Down Syndrome Society)
- [Ear, Nose & Throat Issues & Down Syndrome](#) (National Down Syndrome Society)
- [Heart and Down Syndrome](#) (National Down Syndrome Society)
- [Mental Health Issues & Down Syndrome](#) (National Down Syndrome Society)
- [Sexuality and Down Syndrome](#) (National Down Syndrome Society)
Available in Spanish
- [Speech & Language Therapy for Children and Adolescents with Down Syndrome](#)
(National Down Syndrome Society)
- [What Causes Down Syndrome?](#)  (National Institute of Child Health and Human Development)
Available in Spanish
- [What Conditions or Disorders are Commonly Associated with Down Syndrome?](#)
 (National Institute of Child Health and Human Development)
Available in Spanish

Genetics

- [Genetics Home Reference: Down syndrome](#)  (National Library of Medicine)
- [Learning about Down Syndrome](#)  (National Human Genome Research Institute)

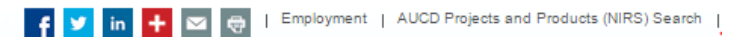
RESOURCES BEYOND NLM/NIH



Washington State Department of Social and Health Services

Developmental Disabilities Administration

About DDA | DDA Help | Find an Office | Roads to Community Living



AUCD

ASSOCIATION OF UNIVERSITY CENTERS ON DISABILITIES

Research, Education, Service

A network of interdisciplinary centers advancing policy and practice for and with individuals with developmental and other disabilities, their families, and communities.

DENTAL HEALTH- INSUREKIDSNOW.GOV

Dental Care for Children with Special Needs

If your child has a developmental disability, a behavioral issue or a physical limitation, it's important for you to find a dentist who can give dental care while accommodating your child's unique situation. Children with special needs — like mild anxiety disorders, Down syndrome and cerebral palsy — may need extra time or support when seeing a dentist.



Supports for Special Needs at the Dentist

Finding the right dentist for your child requires balancing your child's needs with the dentist's experience. Call or visit the dentist's office to find out if the dentist is familiar with your child's condition and how it could affect his or her oral health. Describe the special supports your child may need and ask whether the dentist can provide them. When looking for a dentist, think about these special supports and dentist qualifications:

- **PRE-APPOINTMENTS:** Does the dentist offer pre-appointments? A pre-appointment would give your child a chance to meet the dentist and see the exam room and equipment. This could help your child feel more comfortable and be more cooperative during the actual dental appointment.
- **ACCESSIBILITY:** Are the areas inside and outside the dentist's office accessible for your child? If your child uses a wheelchair, you'll want to find a dentist's office where the wheelchair will fit through the front door and in the examination room.
- **EXPERIENCE:** Dentists and their staff who have already cared for children with special needs may have developed strategies that could help support your child. They may also be able to give you advice on oral health home care, like tips for brushing teeth.
- **SPECIALIZED CLINICAL TRAINING:** Some general dentists and most pediatric dentists get special training to treat children with special needs. Before scheduling an appointment, find out whether the dentist has had such training.
- **SEDATION:** Some children may need general anesthesia, while others may need some mild sedation, which can be given by mouth or from an IV drip. Speak with the dentist about your child's options, and find out what he or she recommends for your child.

Steps to Finding the Right Dentist

These resources can help you find a dentist who can meet your child's special needs.

- Use the Insure Kids Now Dental Locator on www.InsureKidsNow.gov to find nearby dentists that accept Medicaid coverage. Enter your child's state, Medicaid plan name, and ZIP code or address. Hit "Search." Under the "More Information" column, look for the dentists that "Can Accommodate Special Needs." Before you make an appointment, call or visit the dentist's office to talk about your child's special needs.
- Family Voices is a network of experienced family members of children with special needs. Connect with Family Voices in your state at www.FamilyVoices.org/states to find information on a variety of topics, as well as referrals and support from other families.



Health Insurance Marketplace



Go to InsureKidsNow.gov or call 1-877-KIDS-NOW to learn more about Medicaid and the Children's Health Insurance Program and how to enroll your eligible child. These programs cover the dental benefits children need. Visit HealthCare.gov to learn more about affordable health coverage for your family.

DENTAL HEALTH- NIH NIDCR

Special Needs

Publications

Practical Oral Care for People with Developmental Disabilities

- ▶ Overview
- ▶ Introduction
- ▶ Autism
- ▶ Cerebral Palsy
- ▶ Down Syndrome
- ▶ Intellectual Disability
- ▶ **Dental Care Every Day: A Caregiver's Guide**

Children

- ▶ Oral Conditions in Children With Special Needs: A Guide for Health Care Providers

Special Care

- ▶ Special Care in Oral Health

Continuing Education

- ▶ Continuing Education: Practical Oral Care for People With Developmental Disabilities

Additional Resources

- ▶ Additional Resources: Practical Oral Care for People With Developmental Disabilities

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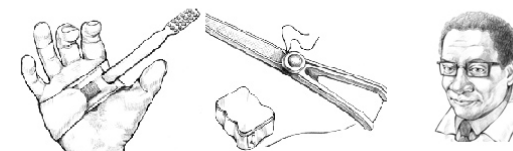
- 1-866-232-4528
- nidcrinfo@mail.nih.gov

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Dental Care Every Day: A Caregiver's Guide

- ▶ Getting Started
- ▶ Three Steps to A Healthy Mouth
- ▶ Step 1. Brush Every Day
- ▶ Step 2. Floss Every Day
- ▶ Positioning Your Body: Where To Sit or Stand
- ▶ Step 3. Visit a Dentist Regularly
- ▶ Prepare for Every Dental Visit: Your Role
- ▶ Remember
- ▶ Acknowledgments



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Contact Us

- 1-866-232-4528
- nidcrinfo@mail.nih.gov

FINDING A DENTIST

Special Care
DENTISTRY
ASSOCIATION

Every practice has patients with special needs.
Every practitioner needs Special Care Dentistry Association.

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Special Care Dentist Referral

State

-- Any --

Country

-- Any --

Zip Code

Zip Code Within

Insurance Accepted

-- Any --
HMO
Medicaid
PPO
Private Insurance

Search Now

SIGN IN

Username


Password

☒ Remember Me

Sign In

Forgot your password?

Haven't joined yet?

 InsureKidsNow.gov

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En Español

1-877-KIDS-NOW (1-877-543-7669)

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[Campaigns & Initiatives](#)



Home > Find Programs in Your State > Find a Dentist

Find Programs in Your State

Find a Dentist

Have you had trouble finding a dentist for your child? Use this Dentist Locator to find a dentist in your community who sees children and accepts Medicaid and CHIP.

Finding a dentist is easy. Just select your child's dental plan then enter a street address or zip code close to where you live or work. You can even search for specialty dentists such as oral surgeons, and for dentists who speak your language. Just click to expand the Additional Search Criteria.

Don't have a dental plan? Children and Teens may be eligible for free or low-cost health coverage. [Find Programs in Your State.](#)

Dental Plan (items with * are required)

* State:

Please select a state

?

* Benefit Plan:

Please select a state first

?

Near:

Search by address, ZIP code, or place name

?

Within:

10 miles

?

Accepts new patients:

☐ Yes ☒ No Preference

?

Additional Search Criteria

Expand [+]

Search

Reset

LOCATING A PHYSICIAN

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American Academy of Pediatrics
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Google™ Custom Search



Utah

Select Language | ▼

[Healthy Children](#) > [Tips & Tools](#) > [Find a Pediatrician](#) > Find a Pediatrician

Find a Pediatrician or Pediatric Specialist



Use this tool to search for an AAP member pediatrician, pediatric sub-specialist, or pediatric surgical specialist.

When choosing a pediatrician it is important that the initials "FAAP" are after his or her name (eg. Sarah H. Jones, MD, FAAP) so that your child gets the best and most up-to-date care possible. FAAPs are:

- Members (fellows) of the American Academy of Pediatrics (AAP).
- Board certified in Pediatrics.
- Committed to lifelong learning.
- Advocates for children and families.
- Up to date on the latest in child health.

AAP Members: To update your profile, click [here](#). If you have any trouble

[Diagnoses & Conditions](#)

[Newborn Disorders](#)

Caring and Advocating for Children and Youth

[For Parents & Families](#)

[For Physicians & Professionals](#)

[Services Directory](#)

[Other Resources](#)

[Home](#) > [For Parents & Families](#) > [Navigating Transitions with Your Child](#) > [Transition to Adulthood](#) > [Finding Adult Health Care](#)

[My Guest List](#) ☆ ⋮

[Print](#) [Share](#) [Get Help](#)

For Parents & Families

- Overview
- Finding Quality Information
- Before a Diagnosis
- After a Diagnosis or Problem is Identified
- Early Services, 0-5 Years
- Education and Schools
- Bullying
- Navigating Transitions with Your Child
 - Overview
 - School Transitions
 - Transition to Adulthood

Finding Adult Health Care

[Tips for the Medical Home](#)
[What Youth and Families Want](#)
[Tips for Youth and Young Adults](#)

Tips for the Medical Home

As youth with special healthcare needs grow into adulthood, they will need to transition from pediatric healthcare into adult medical care, requiring them to find a new care provider. Building a rapport with a new doctor will be easier when the child has made a gradual move toward self-advocacy and managing his/her own health care during the teenage years.

The goal in transitioning to adult health care services is to maximize lifelong functioning through high-quality age-appropriate healthcare services that are coordinated, continuous, and comprehensive.

All adults with special healthcare needs deserve an adult-focused primary care physician. This affirms that adults benefit from physicians who are experienced and trained in adult medicine.

[Role of the Medical Home](#)

MENTAL HEALTH





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NADD 33rd Annual Conference & Exhibit Show
Weaving Solutions: Research/Policy/Practice in IDD/MI

SAVE THE DATE
November 2-4, 2016
Niagara Falls, ON, Canada



NADD News
Webinar on "The Attorney Client Relationship: Bridging the Gap between Attorneys, Clients with IDD, and Their Families"
[Click here](#) for information and to register.
Support for FDA Proposal to Ban Electric Shock for Behavior Control
In a letter signed by Founder and CEO

Seeking Articles for the NADD Bulletin
NADD seeks articles for the *NADD Bulletin*. [Click here](#).
NADD 33rd Annual Conference & Exhibit Show- 2016
November 2 – November 4, 2016

Training, Certification, & Accreditation
Training
NADD has over thirty years experience of providing state-of-the-art training on many topics concerning services for individuals with a dual diagnosis. This training can be tailored to the educational needs of the organization requesting the training.

General Email: info@thenadd.org



The NADD
132 Fair Street
Kingston, NY 12401



(845)331-4336
(800)331-5362
(845)331-4569 (fax)

MENTAL HEALTH- FAMILY VOICES



SITE MAP

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ABOUT US | OUR WORK | PUBLICATIONS | MEDIA CENTER | PROJECTS | EVENTS | TAKE ACTION

♥ MEDIA CENTER

PRINT | SHARE

May 16, 2015

New Resources on Mental Health

Explanation of Mental Disorders -- Plain-Language Guide to the DSM-5

As explained in [this article](#) from *Kaiser Health News*, the American Psychiatric Association (APA) has released a plain-English guide to the new the [Diagnostic and Statistical Manual of Mental Disorders](#). The book, [Understanding Mental Disorders: Your Guide To DSM-5](#), includes in-depth explanations of risk factors, symptoms and symptom management, treatment options, and success stories, designed to help those with mental health problems, as well as their families, friends, and co-workers. As [noted](#) by the APA, the book is intended to help readers recognize symptoms, know when to seek help, and get the right care, thereby helping them to better advocate for themselves. Featured disorders include depression, schizophrenia, ADHD, autism spectrum disorder, posttraumatic stress disorder, and bipolar disorder.

Children's Mental Health Guide for Families from SPAN of NJ

This guide 6-page guide, available in [English](#) and [Spanish](#), include the following topics:

- What parents and professionals need to know about mental health
- When to get help
- What to expect

MORE IN THIS SECTION »

PRESS RELEASES

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CHILDREN'S MENTAL HEALTH SERVICES: A FAMILY GUIDE



HEALTHY LIVING



Finding Balance

Obesity and Children with Special Needs



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[Resources](#) [News Archive](#) [Why Health Matters](#)

1. Getting the Memo

Interactive Atlas - View county-level maps of heart disease and stroke, along with maps of social environmental conditions and health services for the entire United States or for a chosen state or territory.

The Power of Prevention - A publication covering chronic diseases, what causes them and at what cost.

Heart Disease Fact Sheet - Heart disease facts, risk factors, and public health campaigns.

National Core Indicators - NCI™ is a voluntary effort by public developmental disabilities agencies to measure and track their own performance.

Nutrition for Everyone - resources to help you start healthier eating habits.

Nutrition Basics - basic concepts related to nutrition to keep in mind.

2. Am I ready? Is my Organization ready?

Body Mass Index Calculator

Fruit and Vegetable Serving Calculator

Portion Distortion - Compare portion sizes from 20 years ago to present. Fun, interactive activities.

What Counts as a Cup? - examples of foods and serving sizes.

VIDEO Beyond Disability - Empowered Fe Fes (slang for female), a group of young women with disabilities, hit the streets of Chicago on a quest to discover the difference between how they see themselves and how others see them.

3. Making Lifestyle Changes

VIDEO **HealthMatters Program!**

Thera-Band Academy - has over 900 exercises using Thera-Band products that you can search for and create

BEING HEALTHY - MY WAY

GUIDE TO HEALTHY LIVING



This project is funded in part by L.A. Care Health Plan to improve the health and wellness of people with disabilities.

MEDICAID

Home Federal Policy Guidance Medicaid CHIP Basic Health Program State Resources Affordable Care Act About Us

Home > Medicaid

Medicaid



Overview

Medicaid provides health coverage to millions of Americans, including low-income adults, children, pregnant women, elderly adults and people with disabilities. Medicaid is administered by states, according to federal requirements. The program is funded jointly by states and the federal government.

Policy and Program Topics

Benefits	Eligibility
Cost Sharing	Financing & Reimbursement
Delivery Systems	Long-Term Services & Supports
Medicaid State Plan Amendments	Demonstrations & Waivers

By Population

- Children
- Non-Disabled Adults
- Pregnant Women
- Individuals with Disabilities
- Indian Health and Medicaid
- Seniors & Medicare and Medicaid Enrollees



State Medicaid & CHIP Profiles

Choose a State View

Featured



Learn How to Apply for Coverage



Medicaid & CHIP Enrollment Data



Medicaid Innovation Accelerator Program

Across Programs

- National Program Information
- Guidance & Regulations
- Outreach Tools
- Enrollment Strategies
- Access to Care
- Quality of Care

Medicaid.gov
Keeping America Healthy

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Learn about your healthcare options

Children Adults Pregnant Women Individuals with Disabilities Seniors & Medicare and Medicaid Enrollees

By Population > Individuals with Disabilities

Individuals with Disabilities

Individuals with Disabilities

Medicaid provides health coverage to over 8.8 million non-elderly individuals with disabilities, including those who are working or who want to work. Federal statute provides for both mandatory and optional coverage for individuals with disabilities.

Eligibility

Many individuals who qualify for Medicaid based on disability also receive cash assistance under the Supplemental Security Income (SSI) program. In almost all states, SSI eligibility automatically qualifies an individual for Medicaid coverage. However, some states use more restrictive eligibility criteria than those used by the SSI program. This means that in those states (commonly referred to as 209(b) states) receipt of SSI does not guarantee eligibility for Medicaid. Individuals not receiving SSI but seeking coverage based on disability must demonstrate that they have an impairment that prevents them from performing "substantial gainful activity" for at least one year. Once a disability determination is made, the individual must then undergo an asset test and meet specific income requirements in order to be considered for Medicaid eligibility.

Benefits

Individuals with disabilities who are eligible for Medicaid are entitled to all [services](#) that are deemed medically necessary. Many require and receive [long term services and supports](#). These services can be provided through a variety of [delivery systems](#).

Apply for COVERAGE



Related Resources


- [Medicaid Benefits](#)
- [Long-Term Services & Supports](#)
- [Delivery Systems](#)
- [Balancing](#)
- [Integrating Care](#)

Medicaid.gov
Keeping America Healthy

A federal government managed website by the Centers for Medicare & Medicaid Services. 7500 Security Boulevard Baltimore, MD 21244



INSURANCE- HEALTHCARE.GOV

 **HealthCare.gov**

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Get Answers

SEARCH

People with disabilities

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Supplemental Security Income (SSI) Disability & Medicaid coverage

Coverage options for people with disabilities

Social Security Disability Insurance (SSDI) & Medicare coverage

Supplemental Security Income (SSI) Disability & Medicaid coverage

Waiting for a disability status decision and don't have health insurance

No disability benefits, no health coverage

The Marketplace application and disabilities

If you have [Supplemental Security Income \(SSI\) Disability](#), you may get Medicaid coverage automatically or you may have to apply.

If you get SSI Disability and have Medicaid

You're considered covered under the health care law. You don't need to get a Marketplace plan. You won't have to pay the penalty that people without coverage must pay.

If you get SSI Disability and don't have Medicaid

You can apply for Medicaid coverage. But whether you need to apply depends on your state

- In many states, SSI recipients automatically qualify for Medicaid and don't have to fill out a Medicaid application.
- In other states, your SSI guarantees you Medicaid eligibility, but you have to sign up for it.
- In a few states, SSI doesn't guarantee Medicaid eligibility. But most people who get SSI are still eligible.

INSURANCE- EXCEPTIONAL LIVES



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Let Paula show you how our Guides work



Meet Paula...

Paula has a 13-year-old son with special needs. Worrying about his future keeps her up at night. Information online is overwhelming, unreliable and generic. Expert help is too expensive.

[Next Step](#)



Our Experts

Exceptional Lives Guides are developed and reviewed with subject matter experts, based on the latest research and best practices. Here are some of our experts:



Q

My Sections

▼ Welcome

☐ Welcome to the Exceptional Lives Health Insurance Guide!

> [Get insurance for your family member](#)

> Quick survey and References

Welcome

Welcome to the Exceptional Lives Health Insurance Guide!

Having the right health insurance can **save you money** and give you **better access to healthcare services** your child may need. But how do you know which insurance options are right for your family?

The **Health Insurance Guide** will help you:




See if you're **missing any services or benefits** that may help your child



Page 1 of 9


Next >

MEDICAL HOME- AHRQ

 U.S. Department of Health & Human Services

AHRQ HomeAbout AHRQContact AHRQFAQEmail Updates

 Patient Centered Medical Home
Resource Center

Enter your keywords 

Defining the PCMHEvidence & EvaluationTools for Implementing the PCMHCitations CollectionContact Us

Home / Defining the PCMH

Defining the PCMH

The medical home model holds promise as a way to improve health care in America by transforming how primary care is organized and delivered. Building on the work of a large and growing community, the Agency for Healthcare Research and Quality (AHRQ) defines a medical home not simply as a place but as a model of the organization of primary care that delivers the core functions of primary health care.

The medical home encompasses five functions and attributes:

1. Comprehensive Care

The primary care medical home is accountable for meeting the large majority of each patient's physical and mental health care needs, including prevention and wellness, acute care, and chronic care. Providing comprehensive care requires a team of care providers. This team might include physicians, advanced practice nurses, physician assistants, nurses, pharmacists, nutritionists, social workers, educators, and care coordinators. Although some medical home practices may bring together large and diverse teams of care providers to meet the needs of their patients, many others, including smaller practices, will build virtual teams linking themselves and their patients to providers and services in their communities.

[More about Comprehensive Care >>](#)

2. Patient-Centered

The primary care medical home provides health care that is relationship-based with an orientation toward the whole person. Partnering with patients and their families requires understanding and respecting each patient's unique needs, culture, values, and preferences. The medical home practice actively supports patients in learning to manage and organize their own care at the level the patient chooses. Recognizing that patients and families are core members of the care team, medical home practices ensure that they are fully informed partners in establishing care plans.

[More about Patient-Centered Care >>](#)

3. Coordinated Care

The primary care medical home coordinates care across all elements of the broader health care system, including

Related White Papers

[Creating Patient-centered Team-based Primary Care](#)

[Engaging Patients and Families in the Medical Home](#)

[Coordinating Care in the Medical Neighborhood: Critical Components and Available Mechanisms](#)

[Engaging Primary Care Practices in Quality Improvement: Strategies for Practice Facilitators](#)

[Using Health Information Technology to Support Quality Improvement in Primary Care](#)

MEDICAL HOME- AAP



Powerful Partnerships

A Handbook for Families and Providers
Working Together to Improve Care

Authors:

Elizabeth Aquino
Tara E. Bristol, MA
Virginia Crowe, RN, EdD
Janet DesGeorges
Pat Heinrich, RN, MSN

NICHQ
National Initiative for
Children's Healthcare Quality

CAREGIVERS

- Almost half are over age 50
 - 1 / 3 fair to poor health
- Caregiving causes heavy emotional, physical and financial toll
- Experience conflicting emotions
- 22% caregivers taking care of 2
- 8% caregivers taking care of 3 or more


CAREGIVER- BENEFITS


- Find meaning or sense of purpose
- Coping mechanism
- Personal satisfaction
- Increased confidence
- Increased family bond
- Increased health

CAREGIVER- CHALLENGES

- Financial burdens
- Physical challenges
- Emotional needs
- Employment factors
- Isolation

CAREGIVERS- MEDLINEPLUS

 U.S. National Library of Medicine








Trusted Health Information for You

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[Health Topics](#) [Drugs & Supplements](#) [Videos & Tools](#) [Español](#)

Home → [Health Topics](#) → [Caregivers](#)

Caregivers



On this page

Basics

- [Summary](#)
- [Start Here](#)
- [Latest News](#)

Learn More

- [Related Issues](#)
- [Specifics](#)

See, Play and Learn

- No links available

Research


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Resources


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Get Caregivers updates by email



MEDICAL ENCYCLOPEDIA

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[Moving a patient from bed to a wheelchair](#)

[Pulling a patient up in bed](#)

[Turning patients over in bed](#)

Related Health Topics

[Alzheimer's Caregivers](#)

[Child Care](#)

[Home Care Services](#)

Summary

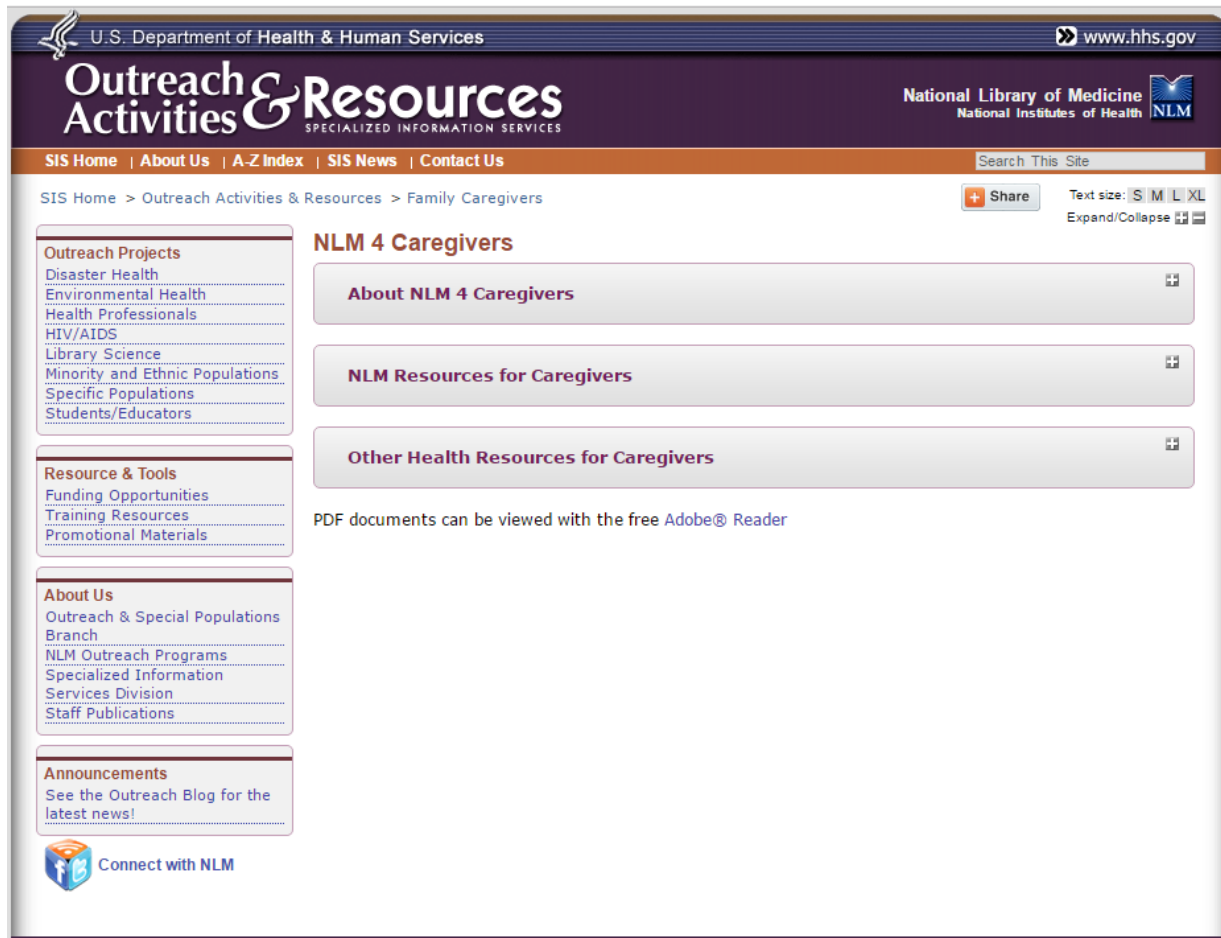
Caregivers provide help to another person in need. The person receiving care may be an adult - often a parent or a spouse - or a child with special medical needs. Some caregivers are family members. Others are paid. They do many things:

- Shop for food and cook
- Clean the house
- Pay bills
- Give medicine
- Help the person go to the toilet, bathe and dress
- Help the person eat
- Provide company and emotional support

Caregiving is hard, and caregivers of chronically ill people often feel stress. They are "on call" 24 hours a day, 7 days a week. If you're caring for someone with mental problems like [Alzheimer's disease](#) it can be especially difficult. Support groups can help.

Dept. of Health and Human Services Office on Women's Health

NLM 4 CAREGIVERS



U.S. Department of Health & Human Services www.hhs.gov

Outreach Activities & Resources

SPECIALIZED INFORMATION SERVICES

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[SIS Home](#) > [Outreach Activities & Resources](#) > [Family Caregivers](#)

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NLM 4 Caregivers

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PDF documents can be viewed with the free [Adobe® Reader](#)

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- [Minority and Ethnic Populations](#)
- [Specific Populations](#)
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Announcements

See the Outreach Blog for the latest news!

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ClinicalTrials.gov

Information for locating federally and privately supported clinical trials.
<https://clinicaltrials.gov>

DailyMed*

Current information about medications. Includes U.S. Food and Drug Administration package inserts.
<https://dailymed.nlm.nih.gov>

Dietary Supplement Label Database

Information about label ingredients in selected brands.
<http://www.dsl.nlm.nih.gov/dsl>

Drug Information Portal

Portal to current drug information from NLM and other federal agencies.
<http://druginfo.nlm.nih.gov/drugportal/drugportal.jsp>

Genetics Home Reference™

A guide to understanding genetic conditions.
<https://ghr.nlm.nih.gov>

Household Products Database

Ingredients in common household products and their effect on human health.
<https://hpd.nlm.nih.gov>

LactMed*

Drugs to which breastfeeding mothers may be exposed. Includes each drug's possible effects on breast milk and the baby.
<https://lactmed.nlm.nih.gov>

LiverTox*

Information about how drugs and herbal supplements can affect the liver.
<http://livertox.nlm.nih.gov>

MedlinePlus*

Health information about diseases, conditions, wellness, drugs, herbs and supplements. Includes directories, medical encyclopedia, medical dictionary and health check tools.
<https://www.nlm.nih.gov/medlineplus/>
<https://www.nlm.nih.gov/medlineplus/spanish/>

Multi-Cultural Resources for Health

Information

Culturally and linguistically appropriate health information and resources for diverse communities.
<https://www.nlm.nih.gov/outreach/multicultural.html>

NIH Senior Health

Basic health and wellness information for older adults and their caregivers.
<https://nihseniorhealth.gov/>

Pillbox

Rapid identification of unknown solid-dosage pills.
<https://pillbox.nlm.nih.gov>

PubMed®MEDLINE*

Bibliographic database comprising millions of citations from biomedical literature, life sciences journals and online books.
<http://pubmed.gov>

PubMed Health

Reviews of clinical effectiveness research, with easy-to-read summaries and full technical reports.
<http://www.ncbi.nlm.nih.gov/pubmedhealth>

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- Facebook <https://www.facebook.com/NLM4Caregivers>
- Twitter [@NLM_4Caregivers](https://twitter.com/NLM_4Caregivers)
- Pinterest <https://www.pinterest.com/nlm4caregivers>

Web-based Training Resources

Learning Resources Database: Animated tours, tutorials and other online training material. <https://learn.nlm.nih.gov>

MedlinePlus Tutorials

- MedlinePlus Homepage
<https://www.youtube.com/watch?v=P1kylV5ubM>
- MedlinePlus Health Topics
<https://www.youtube.com/watch?v=wvzSE6Wk0vc>
- MedlinePlus Drugs and Supplements
<https://www.youtube.com/watch?v=pohv6RAK98>
- MedlinePlus Cool Tools
<https://www.youtube.com/watch?v=1SAAPhQ4E>



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CAREGIVER SUPPORT



Caring for the Caregiver
A Message of Hope and Help for Caregivers

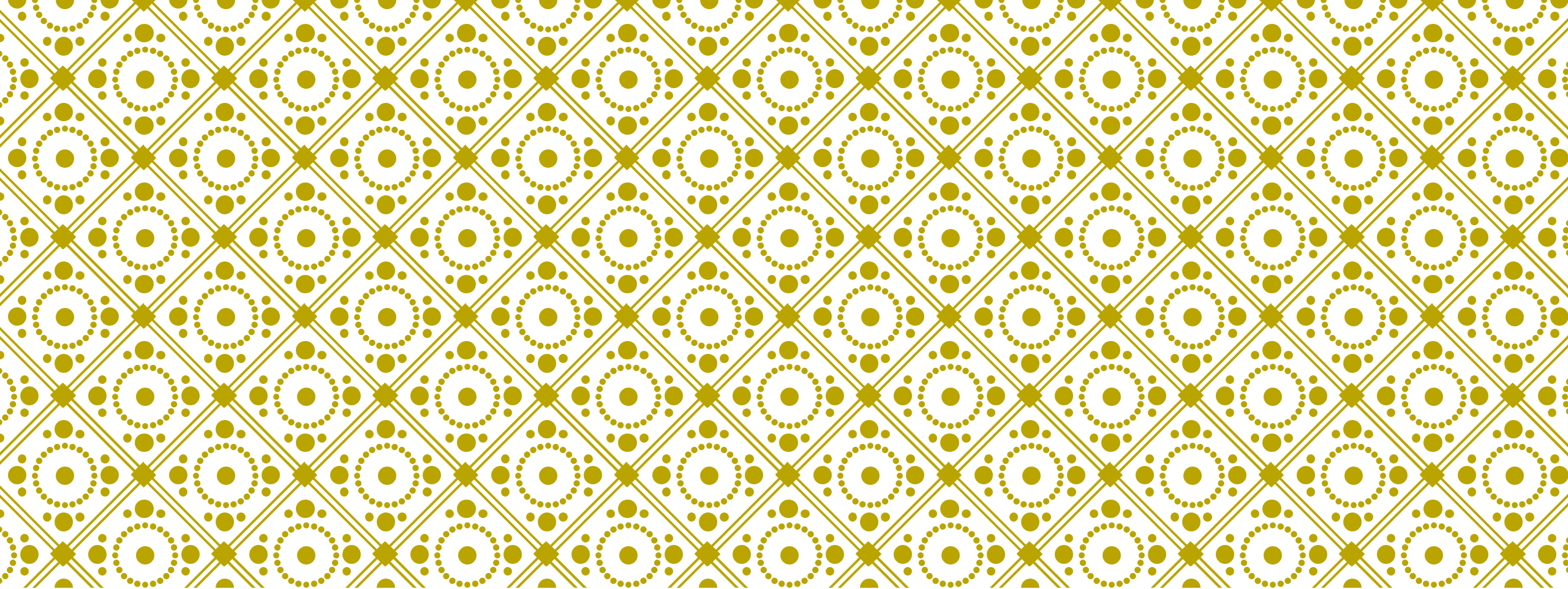


SiblingSupportProject

[Log in](#)

*Our brothers,
our sisters,
ourselves...*





INTERACTING

Language and Etiquette

INTERACTING- CDC

Communicating With and About People with Disabilities



About 50 million Americans report having a disability. Most Americans will experience a disability some time during the course of their lives. Disabilities can affect people in different ways, even when one person has the same type of disability as another person. Some disabilities may be hidden or not easy to see.

People First Language

People first language is used to speak appropriately and respectfully about an individual with a disability. People first language emphasizes the person first not the disability. For example, when referring to a person with a disability, refer to the person first by using phrases such as: "a person who ...", "a person with ..." or, "person who has..."

Here are suggestions on how to communicate with and about people with disabilities.



People First Language	Language to Avoid
Person with a disability	The disabled, handicapped
Person without a disability	Normal person, healthy person
Person with an intellectual, cognitive, developmental disability	Retarded, slow, simple, moronic, defective or retarded, afflicted, special person
Person with an emotional or behavioral disability, person with a mental health or a psychiatric disability	Insane, crazy, psycho, maniac, nuts
Person who is hard of hearing	Hearing impaired, suffers a hearing loss
Person who is deaf	Deaf and dumb, mute
Person who is blind/visually impaired	The blind
Person who has a communication disorder, is unable to speak, or uses a device to speak	Mute, dumb

INTERACTING- NATIONAL CENTER ON DISABILITY AND JOURNALISM



• [News](#) • [Style Guide](#) • [Resources](#) • [Blogs](#) • [About](#)

Disability Language Style Guide

• [A](#) • [B](#) • [C](#) • [D](#) • [E](#) • [F](#) • [H](#) • [I](#) • [L](#) • [M](#) • [O](#) • [Q](#) • [R](#) • [T](#) • [V](#)

The style guide is intended for journalists, communication professionals and members of the general public who are seeking the appropriate and accurate language to use when writing or talking about people living with disabilities. The guide covers general terms and words on physical disabilities, hearing and visual impairments, mental and cognitive disabilities and seizure disorders. Entries are listed in alphabetical order. Click on the index above to jump to entries that begin with that letter.

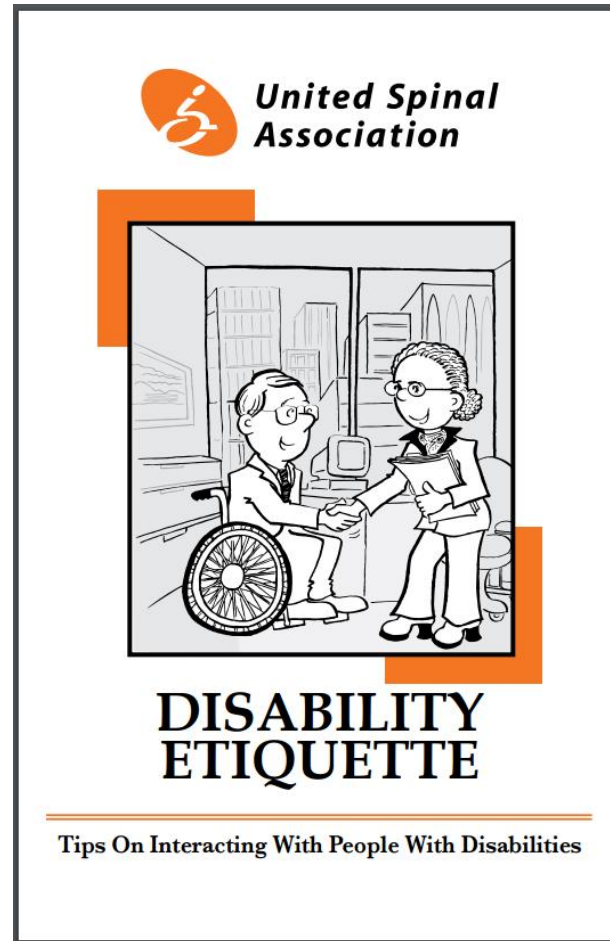
Each entry includes a definition of the word or term, a summary of how it is used or viewed by disability groups and guidance, when available, from The Associated Press Stylebook. Finally, each entry includes the NCDJ recommendation, which strives for accuracy and aims to strike a balance between clarity and sensitivity.

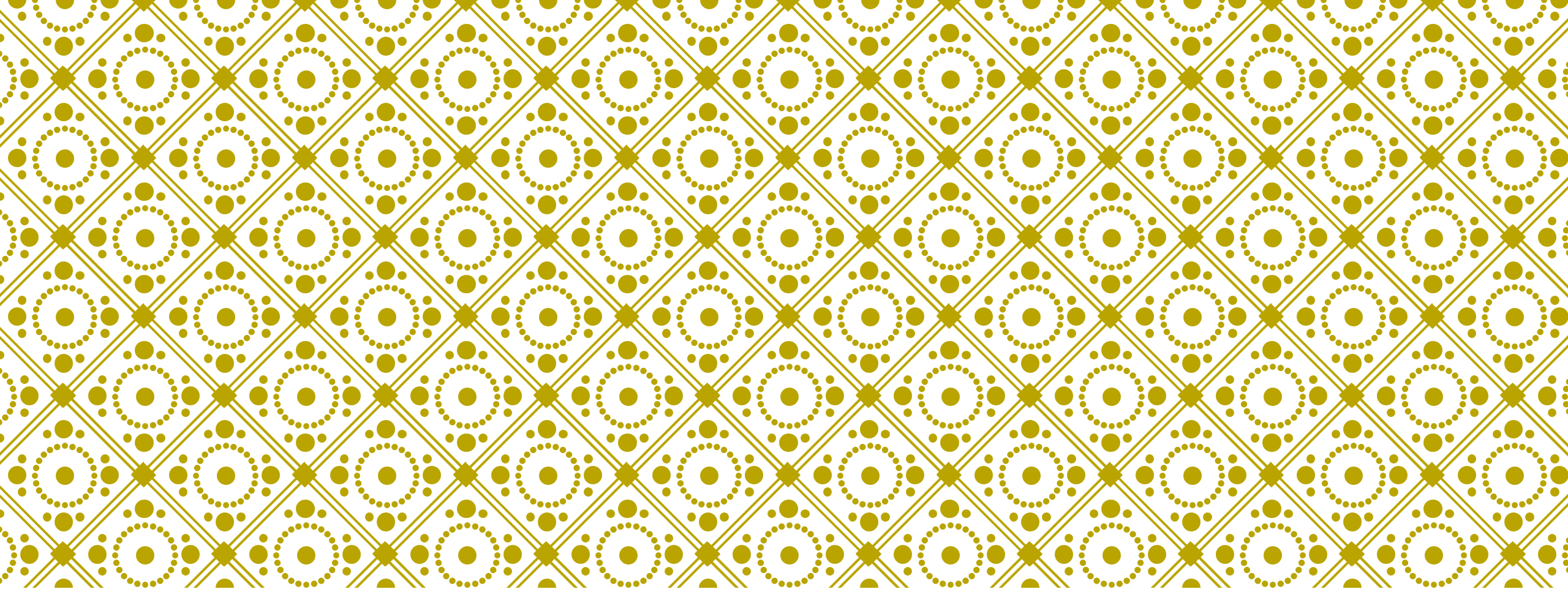
You can also [download a printable PDF of this guide by clicking here](#) .

[See also: "Terms To Avoid When Writing About Disability"](#)

Able-bodied

DISABILITY ETIQUETTE- TIPS





PROGRAMS AND SERVICES

ideas for libraries

PROGRAM/SERVICE IDEAS

- Medical issues specific to specific developmental disabilities
- Mental health, dental health
- Exercise and nutrition
- Parenting
- Education
- Transitioning to adulthood
- Sexuality
- Clinical trials
- Medicaid waiver, insurance, and power of attorney, guardianship
- Caretaker care, family care, sibling care
- Programs focused on specific awareness months



You don't have to be the expert!

Collaborate!

LOCATION CONSIDERATIONS

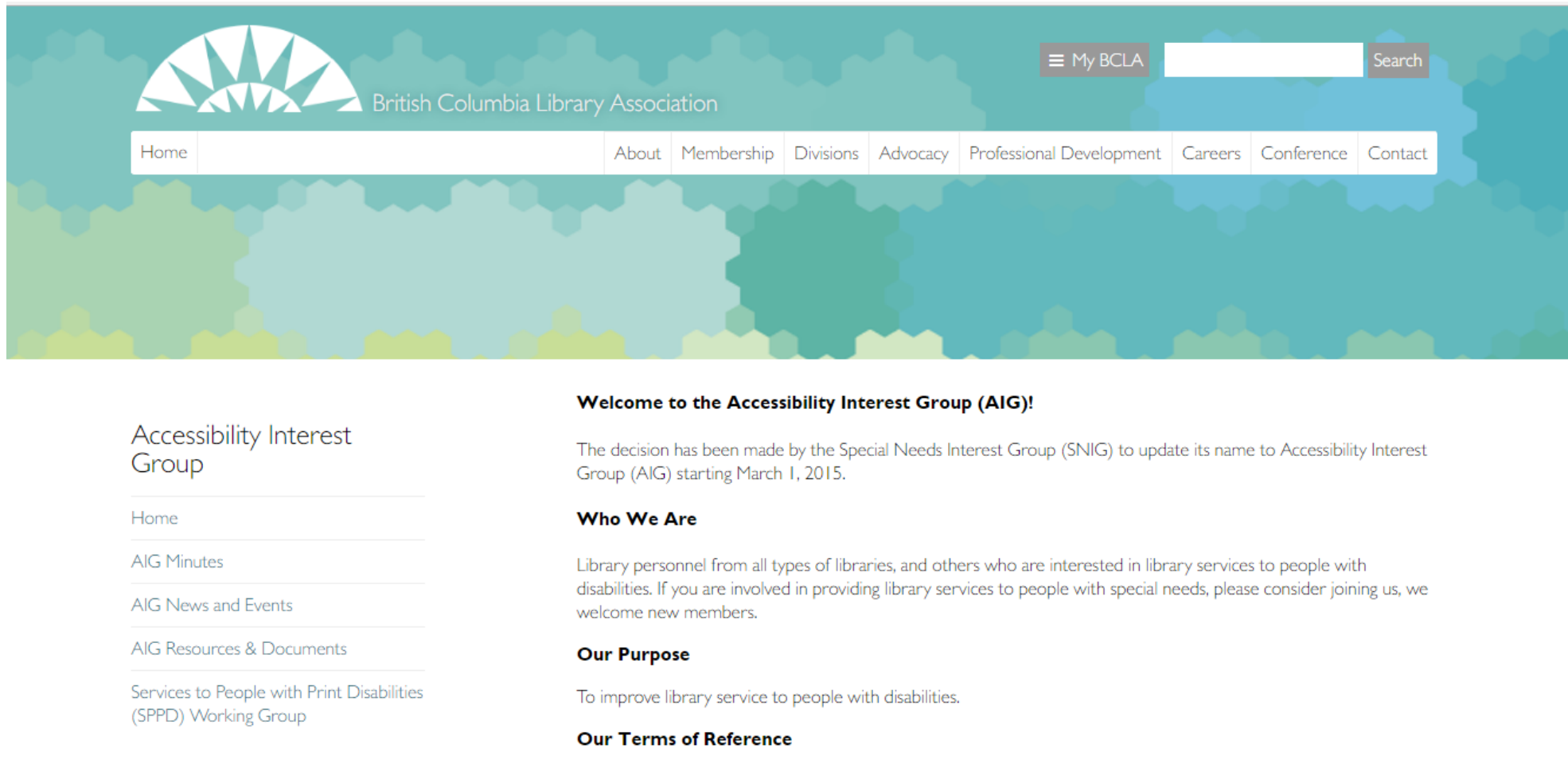
- Visible location
- Parking
- Ground level and/or elevators
- Location accessibility, ADA compliant
- Near public transportation
- Consider a separate supervised area for kids
- Be aware of visual, hearing, mobility needs
- Computers / Internet access needed?



OTHER FACTORS TO CONSIDER

- Cultural / religious sensitivity
- Health literacy: use plain language, don't rush
- Sensitive to time, may need to have very short session with most important information first
- Translators needed?
- Enough staff?
- Offer sessions to accommodate various work shifts
- Provide basic handouts
- Offer to be available after the session for specific questions
- Not too much information

ACCESSIBILITY INTEREST GROUP (AIG)



The screenshot shows the top portion of the BCLA website. The header features a teal background with a white sunburst logo on the left and a navigation menu on the right. The menu includes a 'My BCLA' button, a search bar, and a list of links: Home, About, Membership, Divisions, Advocacy, Professional Development, Careers, Conference, and Contact. Below the header, the main content area is divided into two columns. The left column contains a list of links: Accessibility Interest Group, Home, AIG Minutes, AIG News and Events, AIG Resources & Documents, Services to People with Print Disabilities (SPPD) Working Group. The right column contains a welcome message, a paragraph about the name change from SNIG to AIG, and sections for 'Who We Are', 'Our Purpose', and 'Our Terms of Reference'.

British Columbia Library Association

My BCLA Search

Home About Membership Divisions Advocacy Professional Development Careers Conference Contact

Accessibility Interest Group

Home

AIG Minutes

AIG News and Events

AIG Resources & Documents

Services to People with Print Disabilities (SPPD) Working Group

Welcome to the Accessibility Interest Group (AIG)!

The decision has been made by the Special Needs Interest Group (SNIG) to update its name to Accessibility Interest Group (AIG) starting March 1, 2015.

Who We Are

Library personnel from all types of libraries, and others who are interested in library services to people with disabilities. If you are involved in providing library services to people with special needs, please consider joining us, we welcome new members.

Our Purpose

To improve library service to people with disabilities.

Our Terms of Reference



QUESTIONS

Carolyn Martin, MLS, AHIP

Consumer Health Coordinator

[NN/LM Pacific Northwest Region](#)

<http://nnlm.gov/pnr>

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